

AUGUST & SEPTEMBER EVENTS & SPECIALS

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

24

CCCF: 8-10am
Christian Science Grp: 10am
2025 Club Championship
Sunday Brunch: 11am- 4pm
Sunday Dinner: 4- 8pm

25

Breakfast Club: 10am
Humanitarian Group: 1-3pm
Ladies 9 Hole: 4pm
All Courts are Closed

26

Writing Group: 10am
Mahjongg: 1-4pm
Mens League: 4pm
All Courts are Closed

27

Hackers: 9am
Stride & Ride: 5:30pm- Dusk
Twilight Swim MC: 6-8pm
All Courts are Closed

28

Arts & Crafts: 9:30-11:30am
Birdie Seekers: 9:30am
Farmers Market: 3-6pm
Mens League: 4pm
Bible Study: 6-7:30pm
LAST Trivia DJ Decibull: 7pm

29

The Rockoholics: 7-10pm

30

Double Points 4-9pm

31

CCCF: 8-10am
Couples League: 2pm
Sunday Brunch: 11am- 4pm
Sunday Dinner: 4- 8pm
Kings Ransom: 3-6pm
at MC POOL

1

Last day of Outdoor Pools
4 Person Mixed Couple
Scramble: 8:30am
Humanitarian Group: 1-3pm
Ladies 9 Hole: 4pm

2

Writing Group: 10am
Mahjongg: 1-4pm
Violations Board Meeting-
Zoom Only: 2pm
Mens League: 4pm
Book Club: 7pm

3

Hackers: 9am
Knit for Kids: 11-12:00pm

4

Arts & Crafts: 9:30-11:30am
Birdie Seekers: 9:30am
Farmers Market: 3-6pm
Mens League: 4pm
Bible Study: 6-7:30pm

5

The Greenback Pack: 7-10pm

6

Doggie Swim: 10am to 1pm
Double Points 4-9pm

7

CCCF: 8-10am
Couples League: 2pm
Sunday Brunch: 11am- 4pm
Sunday Dinner: 4- 8pm

8

Breakfast Club: 10am
Humanitarian Group: 1-3pm
Ladies 9 Hole: 4pm
BOD Mtg: 3pm

9

Writing Group: 10am
Mahjongg: 1-4pm
Mens League: 4pm

10

Hackers: 9am
Stride & Ride: 5:00pm- Dusk

11

Arts & Crafts: 9:30-11:30am
Birdie Seekers: 9:30am
LAST Farmers Market: 3-6pm
Watercolor: 3:00-5:00pm
Mens League: 4pm

12

Trilogy: 7-10pm

13

Monthly Members
Tournament: 9am
Double Points 4-9pm

14

CCCF: 8-10am
Couples League: 2pm
Sunday Brunch: 11am- 4pm
Sunday Dinner: 4- 8pm

15

Breakfast Club: 10am
Humanitarian Group: 1-3pm
Ladies 9 Hole: 4pm

16

Writing Group: 10am
Mahjongg: 1-4pm
Mens League: 4pm
Potluck: 5:45pm

17

Hackers: 9am

18

Arts & Crafts: 9:30-11:30am
Birdie Seekers: 9:30am
Mens League: 4pm
Bible Study: 6-7:30pm

19

Twisted Pair &
Hawaiian Shirt Night: 7-10pm

20

CERT HEALTH & SAFETY FAIR:
8-12pm
Blood Bank: 10 - 3pm
Double Points 4-9pm

21

CCCF: 8-10am
Christian Science Grp: 10am
Greenbackville FD Tourment:
Sunday Brunch: 11am- 4pm
Sunday Dinner: 4- 8pm

22

Breakfast Club: 10am
Humanitarian Group: 1-3pm
Ladies 9 Hole: 4pm

23

Writing Group: 10am
Mahjongg: 1-4pm
Mens League: 4pm
Candadite Forum: 2pm

24

Hackers: 9am
Stride & Ride: 5:00pm- Dusk

25

Arts & Crafts: 9:30-11:30am
Birdie Seekers: 9:30am
Mens League: 4pm
Bible Study: 6-7:30pm
New Season-
Trivia DJ Decibull: 7pm

26

Rockoholicss: 7-10pm

27

Double Points 4-9pm

All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465

AUGUST & SEPTEMBER FITNESS CALENDAR

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

24

TC Pool: 11- 6pm
MC Pool: 11-7pm
Tiki Bar: 12 - 6pm
Competitive Water Volleyball:
4:30-7pm

25

TC Pool: 11- 6pm
MC Pool: 11-6pm
HydroCycle: 8-8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

26

Crunch to Core: 10-10:45am
TC Pool: 11- 6pm
MC Pool: 11-6pm

27

TC Pool: 11- 7pm
MC Pool: 11-8, Tiki: 11-7pm
HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Total Body: 6:30pm

28

TC Pool: 11- 6pm
MC Pool: 11-7, Tiki: 11-6pm
Strength Train: 8:30- 9:30am
Yoga: 10am

29

TC Pool: 11- 6pm
MC Pool: 11-7, Tiki: 11-6pm
HydroCycle: 8-8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Walking Group: 3-4pm

30

TC Pool: 11- 6pm
MC Pool: 11-7, Tiki: 11-6pm
HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

31

TC Pool: 11- 6pm
MC Pool: 11-7pm
Tiki Bar: 11 - 6pm
Competitive Water Volleyball:
4:30-7pm

1

TC Pool: 11- 6pm
MC Pool: 11-7pm
Pool Volleyball: 10:15am
Floor Aerobics: 9 & 10am

2

Crunch to Core: 10-10:45am

3

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Chair Dance: 4pm
Total Body: 6:30pm

4

Strength Train: 8:30- 9:30am
Yoga: 10am

5

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Walking Group: 3-4pm

6

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

7

Competitive Water Volleyball:
4:30-7pm

8

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

9

Crunch to Core: 10-10:45am

10

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Chair Dance: 4pm
Total Body: 6:30pm

11

Strength Train: 8:30- 9:30am
Yoga: 10am

12

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Walking Group: 3-4pm

13

HydroCycle: 8-9am
Get Out & Play: 10- 11am
Competitive Water Volleyball:
4:30-7pm

14

Competitive Water Volleyball:
4:30-7pm

15

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

16

Crunch to Core: 10-10:45am

17

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Chair Dance: 4pm
Total Body: 6:30pm

18

Strength Train: 8:30- 9:30am
Yoga: 10am

19

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Water Aerobics: 9-10:10am
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Pool Volleyball: 10:15am
Walking Group: 3-4pm

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HydroCycle: 8-9am
Get Out & Play: 10- 11am
Competitive Water Volleyball:
4:30-7pm

31

Competitive Water Volleyball:
4:30-7pm

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HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

23

Crunch to the Core: 10-11am

24

HydroCycle: 8am & 4:30pm
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Chair Dance: 4pm
Total Body: 6:30pm

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Strength Train: 8:30- 9:30am
Yoga: 10am

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Get Out & Play: 10- 11am
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4:30-7pm

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