

JULY EVENTS & SPECIALS

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

5 Christian Science Grp: 10am Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Tranzfusion: 3-6pm	6 Marina Restaurant: Closed Tiki Bar: 3-8pm July 4th Tournament: 9am Humanitarian Group: 1-3pm	7 Marina Restaurant: Closed Tiki Bar: 3-8pm Writing Group: 10am Mahjongg: 1-4pm Mens League: 2pm Book Club: 7pm	8 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Hackers: 9am Ride & Stride: 6pm- Dusk	9 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Arts & Crafts: 9:30-11:30am Birdie Seekers: 9am Mens League: 2pm Farmers Market: 3-6pm Bible Study: 6-7:30pm	10 Marina Restaurant: 4-11pm Tiki Bar: 12-8pm Homeskool Dropouts: 7-10pm	11 Marina Restaurant: 4-10pm Tiki Bar: 12-8pm Double Points 4-9pm
12 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Triology: 3-6pm	13 Marina Restaurant: Closed Tiki Bar: 3-8pm Breakfast Club: 9am Humanitarian Group: 1-3pm	14 Marina Restaurant: Closed Tiki Bar: 3-8pm Writing Group: 10am Mahjongg: 1-4pm Mens League: 2pm	15 Marina Restaurant: 4 - 9pm Tiki Bar: 12-8pm Hackers: 9am	16 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Arts & Crafts: 9:30-11:30am Birdie Seekers: 9am Mens League: 2pm Farmers Market: 3-6pm Bible Study: 6-7:30pm	17 Marina Restaurant: 4-11pm Tiki Bar: 12-8pm The Rhythm Section: 7-10pm	18 Marina Restaurant: 4-10pm Tiki Bar: 12-8pm Double Points 4-9pm
19 Christian Science Grp: 10am Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Chest Pains: 3-6pm	20 Marina Restaurant: Closed Tiki Bar: 3-8pm Breakfast Club: 9am Humanitarian Group: 1-3pm Family Fun Night: 4-7pm	21 Marina Restaurant: Closed Tiki Bar: 3-8pm Writing Group: 10am Mahjongg: 1-4pm Mens League: 2pm	22 Marina Restaurant: 4 - 9pm Tiki Bar: 12-8pm Hackers: 9am Ride & Stride: 6pm- Dusk	23 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Arts & Crafts: 9:30-11:30am Birdie Seekers: 9am Mens League: 2pm Farmers Market: 3-6pm Bowden Fundraiser: 6-9pm Bible Study: 6-7:30pm	24 Marina Restaurant: 4-11pm Tiki Bar: 12-8pm King's Ransom: 7-10pm	25 Marina Restaurant: 4-10pm Tiki Bar: 12-8pm Double Points 4-9pm
26 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Beach Bandits: 3-6pm	27 Marina Restaurant: Closed Tiki Bar: 3-8pm Breakfast Club: 9am Humanitarian Group: 1-3pm	28 Marina Restaurant: Closed Tiki Bar: 3-8pm Writing Group: 10am Mahjongg: 1-4pm Mens League: 2pm	29 Marina Restaurant: 4 - 9pm Tiki Bar: 12-8pm Hackers: 9am	30 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Arts & Crafts: 9:30-11:30am Birdie Seekers: 9am Mens League: 2pm Farmers Market: 3-6pm Widow Grp: 2pm Bible Study: 6-7:30pm	31 Marina Restaurant: 4-11pm Tiki Bar: 12-8pm Twisted Pair: 6-9pm	1 Marina Restaurant: 4-10pm Tiki Bar: 12-8pm Double Points 4-9pm
2 Christian Science Grp: 10am Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Homeskool Dropouts: 3-6pm	3 Marina Restaurant: Closed Tiki Bar: 3-8pm Breakfast Club: 9am Humanitarian Group: 1-3pm	4 Marina Restaurant: Closed Tiki Bar: 3-8pm Writing Group: 10am Mahjongg: 1-4pm Mens League: 2pm	5 Marina Restaurant: 4 - 9pm Tiki Bar: 12-8pm Hackers: 9am	6 Marina Restaurant: 4-9pm Tiki Bar: 12-8pm Arts & Crafts: 9:30-11:30am Birdie Seekers: 9am Mens League: 2pm Farmers Market: 3-6pm Bible Study: 6-7:30pm	7 Marina Restaurant: 4-11pm Tiki Bar: 12-8pm Pistol Whipped: 7-10pm	8 Marina Restaurant: 4-10pm Tiki Bar: 12-8pm Double Points 4-9pm

All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465

JULY EVENTS & SPECIALS

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

5

Master Swim Club: 4-5pm

6

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

7

Crunch to Core: 8:30- 9:30am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

8

HydroCycle: 8am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

9

Yoga Pool Deck (MC): 8:30am
Strength Train: 8:30- 9:30am
Yoga: 10am
Stroke Class: 10-11am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

10

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

11

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

12

Master Swim Club: 4-5pm

13

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

14

Crunch to Core: 8:30- 9:30am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

15

HydroCycle: 8am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

16

Yoga Pool Deck (MC): 8:30am
Strength Train: 8:30- 9:30am
Yoga: 10am
Stroke Class: 10-11am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

17

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

18

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

19

Master Swim Club: 4-5pm

20

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

21

Crunch to Core: 8:30- 9:30am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

22

HydroCycle: 8am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

23

Yoga Pool Deck (MC): 8:30am
Strength Train: 8:30- 9:30am
Yoga: 10am
Stroke Class: 10-11am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

24

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

25

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

26

Master Swim Club: 4-5pm

27

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

28

Crunch to Core: 8:30- 9:30am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

29

HydroCycle: 8am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

30

Yoga Pool Deck (MC): 8:30am
Strength Train: 8:30- 9:30am
Yoga: 10am
Stroke Class: 10-11am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

31

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

1

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

2

Master Swim Club: 4-5pm

3

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

4

Crunch to Core: 8:30- 9:30am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

5

HydroCycle: 8am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am
Meditation Session: 11-12pm

6

Yoga Pool Deck (MC): 8:30am
Strength Train: 8:30- 9:30am
Yoga: 10am
Stroke Class: 10-11am
Swim Lessons
4-6 years: 4:15- 4:45pm
7-12 years: 5:00- 5:45pm

7

HydroCycle: 8- 8:45am
Water Aerobics: 9-10:10am
Floor Aerobics: 9 & 10am
Pool Volleyball: 10:15am

8

HydroCycle: 8-9am
Competitive Water Volleyball:
4:30-7pm

All Times and activities are subject to change. For more information, please contact Reception at 757-824-3465