## CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL

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# MEETING MINUTES OF THE CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL FOR MARCH 13, 2013

**Meeting Location:** Cecil County Health Department

In Attendance: John Bennett, Robin Waddell, Michael Massuli, Ken Collins, Diana Broomell,

Step Mika, Walt Rozanski, Earl Bradford, Nicole Meekins, Jack Foreaker,

Amanda Puckett, Amy Shives, Theresa Hampton, Sean Burke, Richette Ragland, Elaine Barclay, Nancy Turner, Tonia McMillan, David DeWitt, Annette Palmer, Karl Webner, Joe Zurolo, Scott Tice, Onin Yu, Taim Randolph, Daria Brown, Angela Priest, Jenny Burris, Sheri Lazarus, Patricia Jones, Robert Jones, Jen Padgett, Rich Raftery, Tom Klenk, Earl Bradford, Douglas Moore, Beth Creek,

Angela Edwards, Rangika Fernando, Janis Shields.

**Call to Order:** John Bennett, Chair, called the meeting to order at 3:00 p.m.

**Review of Minutes:** [Minutes from the December 12, 2012 meeting were not reviewed.]

#### **PRESENTATIONS:**

# Report from Health Resources in Action, Inc. - Lisa S. Wolff, Sc.D., Director / Substance Abuse Research and Evaluation Consultant for Cecil County

- Dr. Wolff, by conference-call, provided a summary overview of the project scope and current progress.
- Health Resources in Action is providing a comprehensive analysis of, and will recommend solutions for Cecil County's substance abuse challenges.
- The study will utilize data-driven needs assessment and analysis. Social and economic issues are being reviewed. Stakeholder feedback has been incorporated.
- Summary report expected from Health Resources in Action, Inc. during the summer of 2013.

# Prescription Drug Diversion, What Delaware is Doing - Angie Priest, Deputy Attorney General Department of Justice, Medicaid Fraud Control Unit

- Walt Rozanski introduced Angie Priest from Delaware Attorney General's Office.
- Non-medical prescription drug use referred to as an "epidemic" one of the fastest growing drug problems in America
- Discussed the evolution of the treatment of pain, including 1990 studies indicating that pain was not adequately treated.
- Delaware was ranked as the 5th highest state in the nation for prescription opiate sales in 2010. Delaware remains higher than the national average with respect to prescription opiate use.
- In Delaware, substance abuse treatment admission rates for opioids increased over 2,750% between 1999 and 2010

- What can be done to curb this problem? Discussed several strategies, including; overdose immunity laws; potential legislative requirements for a physical examination before prescribing; use of tamper resistant opioid technology; and Medicaid biometric smart cards.
- Reported on Maryland and Delaware cooperative efforts, including initiatives by the Medicaid Fraud Control Units and state police units from both states.

## **DISCUSSION TOPICS:**

#### Strategies Prevention Framework - Step Mika

• Reported success with grant submission. Funding will support efforts to reduce underage parties especially during prom and graduation.

#### Drug Trends - Jennifer Padgett

• Provided an overview on the cannabis e-cigarette, spice, vaportini, bath salts, sedative hypnotics, and butt chugging.

### Overdose Prevention Planning - Kenneth Collins

 Discussed the development of a plan for the reduction and prevention of drug overdoses in Cecil County. During the spring, a written draft of planned initiatives will be shared via e-mail for feedback. Final plan to be developed by July 2013.

#### Dexter's House – Bob & Tricia Jones

• Discussed plans for opening a recovery house in North East, MD. Settlement on the home is scheduled for March 13, 2013. When operational, the program will promote structure; will house up to up eight men. Working with the Maryland Alcohol and Drug Abuse Administration for recovery house funding via the Access to Recovery program.

## **FOR THE GOOD OF THE CAUSE (ANNOUNCEMENTS):**

## Elaine Barclay – Haven House

• Promoted a movie called Boy Interrupted that On Our Own of Cecil County, Inc and the Cecil County Core Services Agency is showing at the Cecil County Health Department on March 27th, 2013 from 6:00 pm to 8:00 pm

#### Sheri Lazarus - Cecil County Maryland Drug Court

• Drug Court continues to expand. Currently 64 individuals are enrolled.

#### Joe Zurolo- Elkton Police Department

• The police departments continue to see a steady increase on the use and sale of heroin

#### Diana Broomall- Cecil County Government

- Marie Allen offered to provide additional Heroin Alert presentations in Cecil County schools.
- Union United Methodist Church recently hosted a substance abuse forum for the community.

#### Rangika Fernado- Cecil County Health Department

• Reported May 14, 2013 as her last day of employment with Cecil County Health Department. Returning to school full-time.

## Kenneth Collins – Alcohol and Drug Recovery Center, Cecil County Health Department

• Recovery Walk scheduled for September. Elaine Barclay agreed to continue as the event chairperson.

#### Jen Padgett – Division of Health Promotion, Cecil County Health Department

• The Division of Health Promotions currently offers a pain management program consisting of five to six sessions, two hours each session.

#### Walt Rozanski

• A criminal ring involved in shipping alcohol to other states was recently disrupted. Has been an issue for over 20 years. There is an open case now in Baltimore County.

# Mike Massuli – Alcohol and Drug Recovery Center, Cecil County Health Department

• Introduced the new staff member Annette Palmer driver/ outreach worker. Reintroduced current staff David Dewitt, outpatient counselor; Karl Weber, IOP counselor; Amanda Puckett, outreach counselor supporting Department of Social Services; Sean Burke, vocational counselor; Scott Tice, peer recovery advocate; and Douglas Moore, peer recovery advocate.

### Tonia McMillan - Serenity Health

• Serenity Health has expanded services to include admissions on Tuesday and Thursday.

**Next Meeting: Union Hospital** 

Adjourned: 4:30 pm

Submitted by Theresa Hampton and Sean Burke