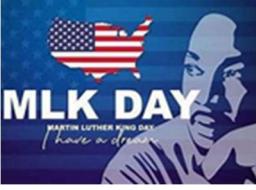


ADULT DAY SERVICES

JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Notes:</p> <p>1% Milk served with Breakfast and Lunch</p>		<p>1 CENTER CLOSED </p>	<p>2 Waffle Pineapples Hamburger Fries Mixed Fruit Hamburger Bun Applesauce Ritz Bits</p>
Pancake Diced Pears Beef Salisbury Patty Mashed Potatoes Peaches Whole Wheat Bread Applesauce Rice Cake Snacks	Boiled Egg Pineapples Whole Wheat Bread Chicken Nuggets Broccoli Mixed Fruit Dinner Roll 100% Unsweetened Juice Goldfish	6 Bagel Mixed Fruit Fish Lima Beans Mandarin Oranges Whole Wheat Bread Peaches Ritz Crackers	7 Cold Cereal Peaches Diced Chicken Diced Pears Mixed Vegetables 100% Unsweetened Juice Nacho Chips	8 Waffle Mandarin Oranges Tuna Green Beans Pineapples Wheat Bread Crackers Mixed Fruit Mozzarella Stick
Raisin Bread Applesauce Egg Patty Chicken Tenders Broccoli Mixed Fruit Whole Wheat Bread Diced Pears Cheez-it Crackers	12 Waffle Diced Peaches Meatloaf Carrots Diced Pears Whole Wheat Bread 100% Unsweetened Juice Pretzels	13 English Muffin Applesauce Grilled Chicken Corn Mandarin Oranges Dinner Roll Peaches Animal Crackers	14 Cold Cereal Mixed Fruit Fish Lima Beans Diced Pears Whole Wheat Bread 100% Unsweetened Juice Blueberry Muffin	15 French Toast Sticks Warm Apples Meatball Sub Peas Pineapples Hot Dog Bun Mixed Fruit Sun Chips
CENTER CLOSED 	19 Cold Cereal Diced Peaches Taco Meat Greens Mixed Fruit Wheat Wrap Diced Pears Goldfish	20 Bagel Mandarin Oranges Chicken Nuggets Broccoli Pineapples Whole Wheat Bread 100% Unsweetened Juice Ritz Crackers	21 Pancakes Warm Apples Salisbury Steaks Peas Egg Noodles Diced Peaches Yogurt Graham Crackers	22 Biscuit Mixed Fruit Chicken Tenders Carrots Diced Pears Whole Wheat Bread Applesauce Mozzarella Stick
French Toast Sticks Diced Pears Fish Greens Pineapples Whole Wheat Bread 100% Unsweetened Juice Pretzel Twists	26 Oatmeal Diced Peaches Chicken Patty Peas Mixed Fruit Whole Wheat Bread Sun Chips Diced Pears	27 English Muffin Sliced Apples Salisbury Steaks Mashed Potatoes Mandarin Oranges Whole Wheat Bread Low-fat Yogurt Graham Crackers	28 Cold Cereal Diced Pears Spaghetti & Meatballs Green Beans Diced Peaches 100% Unsweetened Juice Cheez-its	29 Waffle Pineapples Hamburger Fries Mixed Fruit Hamburger Bun Applesauce Ritz Bits