

## ADULT DAY SERVICES

**JANUARY 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Notes:</b>  1% Milk served with Breakfast and Lunch			1  <b>CENTER CLOSED</b>  	2  Waffle Pineapples  Hamburger Fries Mixed Fruit Hamburger Bun  Applesauce Ritz Bits
5  Pancake Diced Pears  Beef Salisbury Patty Mashed Potatoes Peaches Whole Wheat Bread  Applesauce Rice Cake Snacks	6  Boiled Egg Pineapples Whole Wheat Bread  Chicken Nuggets Broccoli Mixed Fruit Dinner Roll  100% Unsweetened Juice Goldfish	7  Bagel Mixed Fruit  Fish Lima Beans Mandarin Oranges Whole Wheat Bread  Peaches Ritz Crackers	8  Cold Cereal Peaches  Diced Chicken Diced Pears Mixed Vegetables  100% Unsweetened Juice Nacho Chips	9  Waffle Mandarin Oranges  Tuna Green Beans Pineapples Wheat Bread Crackers  Mixed Fruit Mozzarella Stick
12  Raisin Bread Applesauce Egg Patty  Chicken Tenders Broccoli Mixed Fruit Whole Wheat Bread  Diced Pears Cheez-it Crackers	13  Waffle Diced Peaches  Meatloaf Carrots Diced Pears Whole Wheat Bread  100% Unsweetened Juice Pretzels	14  English Muffin Applesauce  Grilled Chicken Corn Mandarin Oranges Dinner Roll  Peaches Animal Crackers	15  Cold Cereal Mixed Fruit  Fish Lima Beans Diced Pears Whole Wheat Bread  100% Unsweetened Juice Blueberry Muffin	16  French Toast Sticks Warm Apples  Meatball Sub Peas Pineapples Hot Dog Bun  Mixed Fruit Sun Chips
19  <b>CENTER CLOSED</b>  	20  Cold Cereal Diced Peaches  Taco Meat Greens Mixed Fruit Wheat Wrap  Diced Pears Goldfish	21  Bagel Mandarin Oranges  Chicken Nuggets Broccoli Pineapples Whole Wheat Bread  100% Unsweetened Juice Ritz Crackers	22  Pancakes Warm Apples  Salisbury Steaks Peas Egg Noodles Diced Peaches  Yogurt Graham Crackers	23  Biscuit Mixed Fruit  Chicken Tenders Carrots Diced Pears Whole Wheat Bread  Applesauce Mozzarella Stick
26  French Toast Sticks Diced Pears  Fish Greens Pineapples Whole Wheat Bread  100% Unsweetened Juice Pretzel Twists	27  Oatmeal Diced Peaches  Chicken Patty Peas Mixed Fruit Whole Wheat Bread  Sun Chips Diced Pears	28  English Muffin Sliced Apples  Salisbury Steaks Mashed Potatoes Mandarin Oranges Whole Wheat Bread  Low-fat Yogurt Graham Crackers	29  Cold Cereal Diced Pears  Spaghetti & Meatballs Green Beans Diced Peaches  100% Unsweetened Juice Cheez-its	30  Waffle Pineapples  Hamburger Fries Mixed Fruit Hamburger Bun  Applesauce Ritz Bits