



This institution is an equal opportunity provider and employer

ADULT DAY SERVICES

FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancake Diced Pears Beef Steak & Gravy Mashed Potatoes Diced Peaches Whole Wheat Bread Applesauce Rice Cake Snacks	3 Boiled Egg Pineapples Whole Wheat Bread Chicken Nuggets Broccoli Mixed Fruit Dinner Roll 100% Unsweetened Juice Goldfish	4 Bagel Mixed Fruit Fish Lima Beans Mandarin Oranges Whole Wheat Bread Diced Peaches Ritz Crackers	5 Cold Cereal Diced Peaches Diced Chicken Diced Pears Mixed Vegetables 100% Unsweetened Juice Nacho Chips	6 Waffle Mandarin Oranges Tuna Salad Green Beans Pineapples Wheat Crackers Mixed Fruit Mozzarella Stick
9 Raisin Bread Applesauce Egg Patty Chicken Tenders Broccoli Mixed Fruit Whole Wheat Bread Diced Pears Cheez-it Crackers	10 Waffle Diced Peaches Meatloaf Carrots Diced Pears Whole Wheat Bread 100% Unsweetened Juice Pretzels	11 English Muffin Applesauce Grilled Chicken Corn Mandarin Oranges Dinner Roll Peaches Animal Crackers	12 Cold Cereal Mixed Fruit Fish Lima Beans Diced Pears Whole Wheat Bread 100% Unsweetened Juice Blueberry Muffin	13 French Toast Sticks Warm Apples Meatball Sub Peas Pineapples Hot Dog Bun Mixed Fruit Sun Chips
16 Oatmeal Diced Pears  BBQ Chicken Green Beans Applesauce WG Hamburger Bun 100% Fruit Juice Wheat Thins	17 Cold Cereal Diced Peaches Soft Taco Greens Mixed Fruit Whole Wheat Wrap Diced Pears Goldfish	18 Bagel & Cream Cheese Mandarin Oranges Chicken Nuggets Broccoli Pineapples Whole Wheat Bread 100% Unsweetened Juice Ritz Crackers	19 Pancakes Warm Apples Salisbury Steak Peas Egg Noodles Diced Peaches Yogurt Graham Crackers	20 Biscuit Mixed Fruit Chicken Tenders Carrots Diced Pears Whole Wheat Bread Applesauce Mozzarella Stick
23 French Toast Sticks Diced Pears Fish Greens Pineapples Whole Wheat Bread 100% Unsweetened Juice Pretzel Twists	24 Oatmeal Diced Peaches Chicken Patty Peas Mixed Fruit Whole Wheat Bread Sun Chips Diced Pears	25 English Muffin Sliced Apples Salisbury Steak Mashed Potatoes Mandarin Oranges Whole Wheat Bread Low-fat Yogurt Graham Crackers	26 Cold Cereal Diced Pears Spaghetti & Meatballs Green Beans Diced Peaches 100% Unsweetened Juice Cheez-its	27 Waffle Pineapples Hamburger Fries Mixed Fruit Hamburger Bun Applesauce Ritz Bits

Notes:

1% Milk served with Breakfast and Lunch