



ADULT DAY CENTER

JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Notes: 1% Milk served with Breakfast and Lunch</p>		<p>1 Waffle Warm Sliced Apples Cheesesteak Greens Hot Dog Bun Diced Pears Sun Chips</p>	<p>2 Cold Cereal Diced Peaches Diced Chicken Broccoli Diced Pears Rice 100% Fruit Juice Wheat Crackers</p>	<p>3 CENTER CLOSED</p>
<p>6 Pancake Applesauce Salisbury Steaks Broccoli Peaches Egg Noodles Sunflower Butter Slice Apples</p>	<p>7 French Toast Sticks Banana Fish Lima Beans Mixed Fruit Whole Wheat Bread Yogurt Chips</p>	<p>8 Cold Cereal Mixed Fruit Hamburger Vegetarian Baked Beans Diced Peaches Hamburger Bun 100% Fruit Juice Cheez-it Crackers</p>	<p>9 English Muffin Warm Sliced Apples Sliced Turkey Sweet Potato Fries Pineapples Whole Wheat Bread Unsweetened Go-Squeeze Wheat Crackers</p>	<p>10 Cold Cereal Diced Pears Tuna Fish Peas Diced Peaches Wheat Crackers 100% Fruit Juice Soft Pretzel</p>
<p>13 Cold Cereal Mandarin Orange Meatloaf Carrots Mixed Fruit Whole Wheat Bread Wheat Crackers Mozzarella Stick 100% Fruit Juice</p>	<p>14 English Muffin Diced Pears Chicken Fajita Green Beans Diced Peaches WG Soft Taco Mixed Fruit Goldfish</p>	<p>15 Waffle Warm Sliced Apples Fish Mixed Vegetables Mandarin Oranges Hamburger Bun Diced Peaches Pretzel Twists</p>	<p>16 Cold Cereal Diced Peaches Chicken Patty Peas Diced Pears Whole Wheat Bread 100% Fruit Juice Sun Chips</p>	<p>17 Pancake Mixed Fruit Cheeseburger Vegetarian Beans Mandarin Oranges WG Hamburger Bun Diced Pears Cheez-its</p>
<p>20 Bagel Applesauce Sliced Turkey Carrots Diced Pears Whole Wheat Bread 100% Fruit Juice Ritz Crackers</p>	<p>21 Cold Cereal Diced Peaches Chicken Tenders Peas Mandarin Oranges Whole Wheat Bread Mixed Fruit Cheez-Its</p>	<p>22 French Toast Sticks Diced Pears Pizza Broccoli Diced Peaches 100% Fruit Juice Wheat Crackers</p>	<p>23 Pancake Mixed Fruit Salisbury Steaks Brussel Sprouts Green Beans Egg Noodles Diced Pears Soft Pretzel</p>	<p>24 Biscuit Warm Sliced Apples Chicken Salad Green Beans Fresh Watermelon Wheat Crackers 100% Fruit Juice Fig Bar</p>
<p>27 Muffin Mixed Fruit Chicken Nuggets Tator Tots Applesauce Hamburger Bun Diced Peaches Pretzel Twists</p>	<p>28 Cold Cereal Mandarin Oranges Swedish Meatballs Peas Pineapples Egg Noodles Yogurt Ritz Crackers</p>	<p>29 Waffle Warm Sliced Apples Cheesesteak Greens Hot Dog Bun Diced Pears Sun Chips</p>	<p>30 Cold Cereal Diced Peaches Diced Chicken Broccoli Diced Pears Rice 100% Fruit Juice Wheat Crackers</p>	<p>31 Bagel Diced Pears Cheeseburger Vegetarian Beans Orange WG Hamburger Bun 100% Fruit Juice Goldfish</p>