



This institution is an equal opportunity provider and employer

ADULT DAY CENTER

SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	¹ English Muffin Hard Boiled Egg Pineapples Tidbits Beef & Bean Quesadilla Corn Salsa Diced Mango WG Tortilla Pumpkin Applesauce Cinnamon Bug Bites	² Cheesy Grits Diced Strawberries Chicken Fried Rice Vegetables Egg Roll Mandarin Oranges Guacamole Tortilla Chips	³ WG Cold Cereal Fresh Banana Protein Bento Box Apples Slices Ritz Crackers WG Cheez-its Diced Pears	⁴ French Toast Cinnamon Blueberries Chicken Nuggets Roasted Potato Wedges Smothered Green Beans WG Biscuit Pretzel Bites Cheese Sauce
⁷  CENTER CLOSED	⁸ WG Bagel w/ Cream Cheese Fresh Banana Chicken Burrito Bowl Pinto Beans Diced Mango WG Brown Rice Raspberry Yogurt Teddy Grahams	⁹ WG Oatmeal Peaches Turkey & Cheese Melt Creamy Tomato Basil Soup Pineapple Tidbits WG Bread Mozzarella Stick	¹⁰ WG Cold Cereal Fruit Cocktail Scrambled Eggs & Sausage Hash Brown Patty Mixed Berries WG Biscuit Fresh Apple Slices Pretzel Goldfish	¹¹ Buttermilk Pancake Diced Strawberries WG Cheese Pizza Tossed Salad Mandarin Oranges WG Crust Diced Pears Apple Cinnamon Muffin
¹⁴ WG Egg & Cheese Stuffed Biscuit Tropical Fruit BBQ Meatballs Mashed Potatoes Smashed Blueberries Dinner Roll Cheese Quesadilla WG Tortilla Cheese	¹⁵ WG Cheese Toast Diced Peaches WG Fish Stick Taco Coleslaw Diced Mango WG Tortilla Mixed Fruit Cheez-Its	¹⁶ Spiced Oatmeal Diced Pears White Bean Soup Pepper & Tomatoes Soup Pineapple Tidbits WG Cheesy Breadstick Vegetable Egg Roll Vegetable Filling Egg Roll Wrapper	¹⁷ WG Cold Cereal Fruit Cocktail Spaghetti & Meat Sauce Italian Green Beans Diced Strawberries Apples Slices WG Goldfish	¹⁸ WG Waffles Mixed Berries Chicken Jambalaya Orange Wedges Corn Bread WG Bagel Cheese
²¹ Scrambled Eggs Hashbrown Rosemary Roast Chicken Mixed Vegetables Diced Pears Brown Rice Mixed Fresh Fruit Enriched Pita	²² Cinnamon Toast Diced Peaches Three Bean Chili Fresh Banana Corn Muffin Apple Slices Goldfish	²³ Vanilla Yogurt Diced Strawberries WG Cheeseburger Sweet Potato Puffs Diced Mango English Muffin Spiced Sun butter	²⁴ WG Cold Cereal Pineapple Tidbits Chicken Alfredo California Blend Veggies Orange Wedges Tropical Fruit Pretzels	²⁵ WG Apple Cinn Muffin Boiled Egg Mixed Berries Turkey Tetrazzini Mandarin Oranges Hummus Flat Bread Dipper
²⁸ Breakfast Pizza Diced Peaches Baked Cheesy Tortellini Steamed Broccoli Tropical Fruit WG Cheese Toast	²⁹ English Muffin Hard Boiled Egg Pineapples Tidbits Beef & Bean Quesadilla Corn Salsa Diced Mango WG Tortilla Pumpkin Applesauce Cinnamon Bug Bites	³⁰ Cheesy Grits Diced Strawberries Chicken Fried Rice Vegetables Egg Roll Mandarin Oranges Guacamole Tortilla Chips	Notes: 1% Milk served with Breakfast and Lunch	