



CENTER: _____ CLASSROOM#: _____

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EHS-HS CENTERS

SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	¹ English Muffin Hard Boiled Egg Pineapples Tidbits Beef & Bean Quesadilla Corn Salsa Diced Mango WG Tortilla Pumpkin Applesauce Cinnamon Bug Bites	² Cheesy Grits Diced Strawberries Chicken Fried Rice Vegetables Egg Roll Mandarin Oranges Guacamole Tortilla Chips	³ WG Cold Cereal Fresh Banana Protein Bento Box Apples Slices Ritz Crackers WG Cheez-its Diced Pears	⁴ French Toast Warm Cinn. Blueberries WG Chicken Nuggets w/Gravy Roasted Potato Wedges Smothered Green Beans WG Biscuit Pretzel Bites Cheese Sauce
⁷ 	⁸ WG Bagel w/ Cream Cheese Fresh Banana Chicken Burrito Bowl Diced Mango Raspberry Yogurt Teddy Grahams	⁹ Peachy Baked Oatmeal Turkey & Cheese Melt Creamy Tomato Basil Soup Pineapple Tidbits WG Cheesy Breadstick	¹⁰ WG Cold Cereal Fruit Cocktail Scrambled Eggs & Sausage Hash Brown Patty Mixed Berries WG Biscuit Fresh Apple Slices Pretzel Goldfish	¹¹ Buttermilk Pancake Diced Strawberries WG Cheese Pizza Tossed Salad Mandarin Oranges Diced Pears Apple Cinnamon Muffin
¹⁴ WG Egg & Cheese Stuffed Biscuit Tropical Fruit BBQ Meatballs Mashed Potatoes Smashed Blueberries Dinner Roll Cheese Quesadilla	¹⁵ WG Cheese Toast Diced Peaches WG Fish Stick Tacos Coleslaw Diced Mango WG Animal Cookies Vanilla Yogurt	¹⁶ Spiced Oatmeal Diced Pears White Bean Soup Pineapple Tidbits WG Cheesy Breadstick Vegetable Egg Roll	¹⁷ WG Cold Cereal Fruit Cocktail Spaghetti & Meat Sauce Italian Green Beans Diced Strawberries Apples Slices WG Goldfish	¹⁸ WG Waffles Mixed Berries Chicken Jambalaya Orange Wedges Corn Bread WG Bagel Cheese
²¹ Scrambled Eggs Hashbrown Rosemary Roast Chicken Mixed Vegetables Diced Pears Brown Rice Fruit Pizza	²² Cinnamon Toast Diced Peaches Three Bean Chili Fresh Banana Corn Muffin Apple Slices Sun Chips	²³ Vanilla Yogurt Diced Strawberries WG Cheeseburger Sweet Potato Puffs Diced Mango English Muffin Spiced Sun Butter	²⁴ WG Cold Cereal Pineapple Tidbits Chicken Alfredo California Blend Veggies Orange Wedges Tropical Fruit Pretzels	²⁵ WG Apple Cinn. Muffin Hard Boiled Egg Mixed Berries Turkey Tetrizzini Mandarin Oranges Hummus Flat Bread Dipper
²⁸ Breakfast Pizza Diced Peaches Baked Cheesy Tortellini Steamed Broccoli Tropical Fruit WG Cheese Toast	²⁹ English Muffin Hard Boiled Egg Pineapples Tidbits Beef & Bean Quesadilla Corn Salsa Diced Mango Pumpkin Applesauce Cinnamon Bug Bites	³⁰ Cheesy Grits Diced Strawberries Chicken Fried Rice Vegetables Egg Roll Mandarin Oranges Guacamole Tortilla Chips	Notes: MILK IS SERVED DAILY Children 12 – 23 months- Whole Vitamin D Milk Children over 24 months - 1% Low-fat Milk Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix 100% Juice - Grape, Orange, Apple, Fruit juice THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU	