SHORE UP! INC. Helping People. Changing Lives.

This institution is an equal opportunity provider and employer

EHS/HS CENTER

NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Breakfast Sandwich Fresh Orange Wedges Tuscan Bean Stew Tropical Fruit Garlic Bread Stick Tomato Sauce WG Tortilla Chips	3 **STAFF PROFESSIONAL DAY** **SCHOOL CLOSED**	4 Peachy Baked Oatmeal Turkey & Cheese Melt Creamy Tomato Basil Soup Pineapple Tidbits WG Cheesy Breadstick	5 WG Cold Cereal Fruit Cocktail Scrambled Eggs & Sausage Hash Brown Patty Mixed Berries WG Biscuit Fresh Apple Slices Pretzel Goldfish	6 Buttermilk Pancake Diced Strawberries WG Cheese Pizza Tossed Salad Mandarin Oranges Diced Pears Apple Cinnamon Muffin
9 WG Egg & Cheese Stuffed Biscuit Tropical Fruit BBQ Meatballs Mashed Potatoes Smashed Blueberries Dinner Roll Cheese Quesadilla	10 WG Cheese Toast Diced Peaches WG Fish Stick Tacos Coleslaw Diced Mango WG Animal Cookies Vanilla Yogurt	11 Spiced Oatmeal Diced Pears White Bean Soup Pineapple Tidbits WG Cheesy Breadstick Vegetable Egg Roll	12 WG Cold Cereal Fruit Cocktail Spaghetti & Meat Sauce Italian Green Beans Diced Strawberries Apples Slices WG Goldfish	13 **STAFF PROFESSIONAL DAY** **SCHOOL CLOSED**
16 Scrambled Eggs Hashbrown Rosemary Roast Chicken Mixed Vegetables Diced Pears Brown Rice Mixed Fruit Enriched Pita	17 Cinnamon Toast Diced Peaches Three Bean Chili Fresh Banana Corn Muffin Apple Slices Cinnamon Goldfish	18 WG Cold Cereal Pineapple Tidbits Chicken Alfredo California Blend Veggies Orange Wedges Tropical Fruit Pretzels	19 Vanilla Yogurt Diced Strawberries WG Cheeseburger Sweet Potato Puffs Diced Mango English Muffin Spiced Sun Butter	20 WG Apple Cinn. Muffin Hard Boiled Egg Mixed Berries Turkey Tetrazzini Garlic Rosted Peas Mandarin Oranges Hummus Flat Bread Dipper
23 Breakfast Pizza Diced Peaches Baked Cheesy Tortellini Steamed Broccoli Tropical Fruit WG Cheese Toast	24 English Muffin Hard Boiled Egg Pineapples Tidbits Beef & Bean Quesadilla Corn Salsa Diced Mango Pumpkin Applesauce Cinnamon Bug Bites	25 **THANKSGIVING BREAK SCHOOL CLOSED**	26 	27 **THANKSGIVING BREAK SCHOOL CLOSED**
30 WG Biscuit/Egg Patty & Cheese Fresh Orange Wedges Tuscan Bean Stew Tropical Fruit Garlic Breadstick WG Tortilla Chips Tomato Sauce	**Notes:** **MILK IS SERVED DAILY** **Children 12 – 23 months- Whole Vitamin D Milk** **Children over 24 months - 1% Low-fat Milk** **Cold Cereal = Cheerios, Corn Flakes, Rice Krispies, Corn Chex, Wheat Chex, Kix** **100% Juice - Grape, Orange, Apple, Fruit juice** **THIS IS A PEANUT/PEANUT PRODUCT FREE AND PORK/PORK PRODUCT FREE MENU**			