



Somerset County Health Department

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Health Officer Danielle Weber, MS, RN

MEETING MINUTES

Meeting Name:	LHIC		
Date of Meeting:	02/11/2025	Time: 9:30am – 11:30am	.
Minutes Prepared By:	Sharon Creasy	Location: Sign Post Conference Room	Call-in: N/A
1. Attendees:			
Andra Taylor (SCHD), Korey Colbert (SCHD), Crystal Meadows (SCHD), Danielle Weber (SCHD), Ben Dashiell (SCHD), Julie Krenzer (CareFirst), Katherine Rodgers (TidalHealth), Lisa Widmaier (AHEC), Marie-Therese Oyalowo (UMES), Sharon Creasy (SCHD), Rochelle Tyler (TidalHealth), Chris Osment (SCHD), Emily Paterson (Md. Posion Control), Cathy Stafford (TidalHealth Cancer Center), Ellen Willingham (JHHC), Karen Karten (Judy Center), Carrie Kellams (TidalHealth GS)			
2. Agenda Item:	Discussion/Action/Follow-Up:		
Welcome	<ul style="list-style-type: none"> Korey Colbert welcomes everyone. 		
Introductions	<ul style="list-style-type: none"> Round Table introduction 		
Purpose and Mission of Council	The Somerset County Local Health Improvement Coalition named Healthy Somerset, working collectively with local partners, sets health related priorities for individuals in the community. The coalition addresses health disparities in our community by providing input on programs, policies and coordinated efforts with programmatic data and infrastructure support from the state and county.		
TidalHealth General Surgery- Carrie Kellams DNP	<p style="text-align: center;"><u>Breast Cancer Screening and Prevention:</u></p> <p style="text-align: center;"><u>Defining Risk</u></p> <p>Average Risk 1 in 8 women or 12.5 % in the US</p> <p>High Risk 20% Lifetime Risk and Elements of Risk</p> <p>RED Flags</p> <ul style="list-style-type: none"> → Breast cancer <= 50 → Men with breast cancer → Ovarian cancer → Pancreatic Cancer → Prostate cancer that was metastatic or high-risk → 3 diagnosis of breast and/or prostate on one side of the family → Ashkenazi Jewish ancestry <p>Racial Disparities</p> <ul style="list-style-type: none"> → Non-Hispanic white women are more likely to be diagnosed with breast cancer 		

	<p>→ Black women have increased mortality rates</p> <p><u>Screening recommendations High-Risk</u></p> <ul style="list-style-type: none">→ Consider referral to a breast specialist→ Screening mammograms annually beginning as young as age 30→ Screening MRI annually beginning as young as age 25→ Breast self-awareness→ Consider risk-reducing strategies (NCCN, 2024) <p><u>Order the Correct Test</u></p> <p>Screening mammogram-</p> <ul style="list-style-type: none">→ No known or suspected problem <p>Diagnostic mammogram</p> <ul style="list-style-type: none">→ Also order an ultrasound for a suspected problem→ Lump, nipple discharge, localized pain/discomfort, skin dimpling, nipple inversion, skin thickening peau d'orange, cracked/crusting on nipple <p><u>Risk-reduction in all women</u></p> <ul style="list-style-type: none">→ Maintain a healthy weight (BMI <25)→ Exercise (150-300 min/wk)→ Manage stress→ Avoid alcohol (none is better; <1/day & <3/wk)→ Stop smoking→ Breastfeeding (NCCN, 2024)→ 4.3% risk reduction for every 12 months of breastfeeding (Cordeiro, 2014) <p><u>Risk-Reduction in high-risk women</u></p> <p><u>Refer to a breast specialist</u></p> <ul style="list-style-type: none">→ Dr. David Sechler MD, FACS, Tidal Health General Surgery→ Carrie Kellams, DNP, FNP-BC, Tidal Health General Surgery <p>Increased surveillance/supplemental imaging</p> <ul style="list-style-type: none">→ Q6mo CBE→ Breast MRI→ Why not screening Ultrasound? <p><u>Oral endocrine therapy</u></p> <ul style="list-style-type: none">→ Tamoxifen/AI <p><u>Prophylactic surgery (NCCN, 2024)</u></p>
<p>CHIP Updates-Korey Colbert</p>	<p>Community Health Improvement Plan (CHIP) Goals:</p> <ul style="list-style-type: none">● In the process of creating our 2025 Community Health assessments and Improvement plan<ul style="list-style-type: none">→ 3 new members to the LHIC community<ul style="list-style-type: none">◆ Chesapeake Housing Commission, Life Crisis and Women supporting Women <p>I would like to thank everyone for taking the time to complete the surveys, interviews, and focus groups; it is greatly appreciated.</p>

HERC Updates- Chris Osment	Health Equity Resource Communities Grant A 1.7 million dollar was awarded to Somerset County Health Dept under this grant from Community Health Resources Commission. <ul style="list-style-type: none"> ➤ A new program called HEALTH (helping everyone achieve long-term health) that meets on the 3rd Thursday of the month at 3:00 pm-4:00 pm. ➤ We have 4 spots for our CHW. We are now starting the interview process for Community Health Workers (CHW) Monthly meetings to discuss what is happening around the community, bringing in the community members to keep us focused and on track. ➤ our clinics are up and running with Pat Trac ➤ Kat from Tidalhealth and Wanda from SCHD have been working on a referral service. ➤ Adding a nutritionist to the health dept. for 10 hours a week- one person has shown interest in the position. The RFP is listed.
Health Department Updates:	Danielle Weber - Somerset County Health Department (SCHD) <ul style="list-style-type: none"> ➤ Working on Budgets for year, ➤ Offering Flu, and Pneumonia vaccines, however covid shots are only for the uninsured ➤ Working on PHAB accreditation. ➤ need ideas on where the Wellness Van is needed in the community
Colorectal Cancer Updates	Ben Dashiell (SCHD) <ul style="list-style-type: none"> ● scheduling out to April 2026 ● Lack of GI physicians in the area ● Will be getting cologuard in the next few months- means lease wait times to be screened.
Partner Updates	Lisa Widmaier-AHEC Several Events coming up: <ul style="list-style-type: none"> ➔ Scholarships for 2 Self reporting Income ➔ Register for training Workforce development ➔ CHW- training ➔ Infections control Thursday, February 13, 2025 10:00-11:00 Webinar Registration - Zoom ➔ CHW network meeting April 3rd Ellen Willingham-JHHC Would like to invite us to the Eastern Shore Cancer Community Advisory Group Meeting that meets on the last Tuesday of the month from 3:30pm- 5:00 pm. Rochelle Tyler(TidalHealth) Mammogram Van is on its way, and should be on the road in summer.
Next Meeting	TUESDAY, May 13, 2025 @ 9:30 a.m. - 11:30 a.m.
Adjournment	10:32 a.m.