



**Somerset County Health Department**  
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Health Officer Danielle Weber, MS, RN

**\*HEALTH MEETING MINUTES\***

<b>Meeting Name:</b>	<b>HEALTH - Helping Everyone Achieve Long-Term Health</b>		
<b>Date of Meeting:</b>	<b>May 15, 2025</b>	<b>Time:</b>	<b>3:00 PM - 04:00PM</b>
<b>Minutes Prepared By:</b>	<b>Sharon Creasy</b>	<b>In-person/Virtual Meeting</b>	<ul style="list-style-type: none"> <li><b>In-Person and Virtual</b></li> </ul>
<b>1. Attendees:</b>			
Chris Osment (SCHD), Andra Taylor (SCHD), Julie Krenzer (Carefirst), Elizabeth Justice (SCHD), Sharon Creasy (SCHD), Dr. Howard Haft (Somerset Primary Care), Rochelle Taylor ((REACH), Kat Rodgers (TidalHealth), Claudia Nelson (DSS),			
<b>2. Agenda/Topic/Discussion/Follow-Up:</b>			
<b>Welcome</b>	Chris Osment called the meeting to order and warmly welcomed everyone.		
<b>Current Projects updates</b>	<b>CHW Positions and Introducing new Hire</b> <ul style="list-style-type: none"> <li>We want to welcome Jessica Maddox to our CHW.</li> <li>Happy to announce we are hiring two new CHW's Brian and Tomar to start sometime in June.</li> </ul> <b>Advertising</b> <ul style="list-style-type: none"> <li>there will be an interview on 102.5 with a DJ airing in June</li> <li>there is a billboards in Crisfield</li> <li>there is a billboards is Princess Anne</li> <li>We are working on TV commercial for FY 26</li> </ul> <b>Nutritionist</b> <ul style="list-style-type: none"> <li>still working on releasing a new RFP that states for licensed dietitian or Nutritionist.</li> </ul> <b>Data Collection/Evaluations</b> <ul style="list-style-type: none"> <li>we are getting enough data to compile reports for our evaluators</li> </ul>		
<b>Somerset County Health Dept.</b>	<b>Garden Project:</b> In partnership with the Eastern Correctional Institute (ECI), an inmate garden was established to provide locally grown and organic fruits and vegetables.Thanks to ECI		

<b>Program- Elizabeth Justice</b>	<p>and various community partners, thousands of pounds of fresh produce has been given to families in need throughout Somerset County.</p> <p><b>Healthy Hearts Ambassador Program:</b> <i>needs a provider to refer to program</i></p> <p>When you join the program you will receive:</p> <ul style="list-style-type: none"> <li>-Eight, one-on-one sessions from a trained coach over the a four month period (virtual or in-person)</li> <li>-A free blood pressure monitor</li> <li>-Learn how to properly take, record and share your blood pressure measurement</li> <li>-Learn how to reduce sodium, shop, prepare and cook food for a healthy heart</li> </ul> <p><b>Diabetes Prevention Program:</b></p> <p>The free program includes 16 weekly sessions followed by 6 months of follow-up sessions with a health coach. Successful participants can expect to lose at least 5% of their body weight and reduce their risk of diabetes and other chronic diseases. Learn how to eat better, plan healthy meals, increase physical activity and manage weight loss.</p>
<b>Agency Updates:</b>	<p><b>Claudia Nelson (DSS)-</b> DSS is still doing Thursday at Crisfield Library from 10:30-3:00 pm. Still waiting for Woodrow Wilson Building to open</p>
<b>Questions/ Comments</b>	
<b>Next Meeting</b>	<p><b>Thursday, June 26, 2025 @ 8928 Sign Post Rd Westover, MD 21871</b></p>