



Somerset County Health Department

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Health Officer Danielle Weber, MS, RN

MEETING MINUTES

Meeting Name:	LHIC		
Date of Meeting:	08/12/2025	Time: 9:30am – 11:30am	.
Minutes Prepared By:	Sharon Creasy	Location: Sign Post Conference Room	Call-in: N/A
1. Attendees:			
Korey Colbert (SCHD), Crystal Meadows (SCHD), Danielle Weber (SCHD), Ben Dashiell (SCHD), Julie Krenzer (CareFirst), Katherine Rodgers (TidalHealth), Lisa Widmaier (AHEC), Sharon Creasy (SCHD), Chris Osment (SCHD), Erica Handy (PAPD),			
2. Agenda Item:	Discussion/Action/Follow-Up:		
Welcome	<ul style="list-style-type: none"> Korey Colbert welcomes everyone. 		
Introductions	<ul style="list-style-type: none"> Round Table introduction 		
Purpose and Mission of Council	The Somerset County Local Health Improvement Coalition named Healthy Somerset, working collectively with local partners, sets health related priorities for individuals in the community. The coalition addresses health disparities in our community by providing input on programs, policies and coordinated efforts with programmatic data and infrastructure support from the state and county.		
Dr. Salahuddin. Siddiqui TidalHealth- Bone Cancer	<p>What is Bone Cancer: There are two types of Bone cancer Primary and Secondary</p> <p>Primary bone cancer has four types:</p> <ul style="list-style-type: none"> Osteosarcoma Ewing Sarcoma Chondrosarcoma Chordoma <p>Secondary Bone Cancer</p> <ul style="list-style-type: none"> Bone is often a secondary site of metastases. that cancer has spreads to bone from other sites Breast, prostate, lung, kidney <p>Risk Factors</p> <p>Primary:</p> <ul style="list-style-type: none"> Genetic changes Prior radiation therapy for other cancer Certain bone diseases (Paget's disease) Enchondromas and osteochondromas are benign cartilaginous cancer that can later develop into malignant chondrosarcoma 		

	<p>Secondary:</p> <ul style="list-style-type: none"> Depends on original cancer type, such as breast, lung <p>Signs & Symptoms:</p> <ul style="list-style-type: none"> Persistent bone pain (usually worse at night) Swelling or lump over a bone Unexplained fractures (bone breaks easily) Fatigue, weight loss (later stages) <p>Diagnosis</p> <ul style="list-style-type: none"> Medical history & physical exam Imaging: X-ray, MRI, CT, bone scan Biopsy (sample of bone tissue) Blood tests (sometimes) <p>Treatment:</p> <ul style="list-style-type: none"> For Primary: surgery, chemotherapy and, radiotherapy <p>Secondary: treat the primary cancer, pain relief, bone-strengthening medicines, radiotherapy</p>
<p>Crystal Holtzman-Tarr Coastal Hospice</p>	<p>Hospice Care</p> <ul style="list-style-type: none"> Hospice myths that many people believe were dispelled. Hospice Care is provided by trained team members who help the patient and their family navigate their time there, provide care, support, education, and manage symptoms of the illness. The hospice team members are a wide range of professionals and volunteers for well-rounded care. Hospice can be provided at the Hospice Residence, and also at: <ul style="list-style-type: none"> patient's home, nursing facility, assisted living facility, hospital, wherever the person is located. Hospice care is covered by: Medicare, Medicaid, insurance, private pay, charity donations, and fundraising. Once you or someone you love has been diagnosed with a life-limiting illness-6 months or less you qualify for hospice care offers Doula-An end-of-life doula guides a person who is transitioning to death and their loved ones through the dying process. Serves all four counties- Dorchester, Somerset, Wicomico and Worcester <p>Palliative Care</p> <ul style="list-style-type: none"> They are a community based medical program helping meet the needs of patients with serious illnesses while they continue to receive curative treatments, testing, medications, and other therapies. Like Hospice Care, Palliative Care helps the patient and their family.
<p>Kat Rodgers Tidalhealth -CHNA/CHIP Final</p>	<p>CHNA Data sources: Final</p> <p>Health outcomes:</p> <ul style="list-style-type: none"> Somerset and Wicomico counties fall behind state and national benchmarks for health outcomes Each county in our region is experiencing more physical distress and poor physical health days Mental Health, Infant mortality and chronic diseases are in high need health issues for Maryland counties. <p>Health Factors:</p>

- When compared to state benchmarks -Delmarva region performs worse in county health ranking.
- Lack of resources for health choices - challenges in accessing opportunities for physical activities and health foods
- Food security is a high need area for each Maryland county in the Delmarvas region.

Focus Groups

- Transportation, Insurance, lack of knowledge and navigating the health system were common
- all groups raised the issue of not knowing what or how to access resources that are available for their health and social needs

Key Leaders Interview:

- There are three main health issues in the community: obesity, diabetes, and hypertension
- Accessing care is challenging for many in the region due to lack of transportation. .
- Housing, Availability, quality and cost are concerns from each key leader.
- Desire to have collaboration among Hospitals, Non profits, Health Departments

Key Leaders Survey:

- Access to care issues-cost, lack of insurance, Language problems.
- Mental health is the biggest health problem in communities, surpassing Diabetes/high blood pressure and substance use. This indicates a behavioral health crisis

Community Health Survey:

- Cost dominates access barriers -Expense, long wait times and lack of insurance.
- Drug and alcohol problems, Cancer, Mental health and weight were the top health concerns
- Mental Services is inadequate- 9% reports unable to access needed mental health services.
- Preventive Care access disparities 44% reported difficulty getting medical appointments.

CHIP Data sources: Final

HealthCare Access

Goal 1

- Make healthcare more accessible by providing services that respect cultural differences, use clear language, and are easy to understand.

Goal 2

- Help people use healthcare services by improving referrals, coordinating care better and offering guidance to navigate the system.

Goal 3

- Continue to build a strong healthcare system in Delmarva with enough qualified staff from diverse backgrounds and additional ways to deliver services.

Chronic Disease

Goal 1

- Improve chronic disease screening and early detection

Goal 2

- enhance chronic disease management and prevention

Goal 3

- address risk factors through targeted prevention strategies

	<p>Behavioral Health</p> <p>Goal 1</p> <ul style="list-style-type: none"> Enhance screening referral, and intervention processes for behavioral health. <p>Goal 2</p> <ul style="list-style-type: none"> Reduce stigma and increase awareness of behavioral health services among special populations <p>Goal 3</p> <ul style="list-style-type: none"> Strengthen care coordination and integration across the behavioral health system.
HERC Updates- Chris Osment	<p>Health Equity Resource Communities Grant</p> <ul style="list-style-type: none"> We are working on expanding our CHW (Community Health Workers) Our radio ads are out will run through the end of June
Health Department Updates:	<p>Danielle Weber - Somerset County Health Department (SCHD)</p> <p>We no longer need to have the Ethics forms done as they are not in the guidelines anymore.</p> <p>We are wanting to put Healthy Somerset on our new website that we are working on creating now. would like everyone opinion on this we could put the minutes, Meeting flyers, RFPs</p>
Prevention Updates:	<p>RFP-</p> <ul style="list-style-type: none"> We have a lot of open RFP if interested, please go to our website to locate them. <p>Garden-</p> <ul style="list-style-type: none"> The garden is in FULL swing. We are rotating the drop off locations. looking for partners to be at the giveaways . If you know anywhere that has a food shortage please let us know so we can add them to our stops. We have given away about 10,000 pounds of Veggies. we have gotten 30 surveys back saying this helped with their food shortage
RH update	<p>Mindy Hood- award of the Title V Block Grant</p> <ul style="list-style-type: none"> We have written and were awarded a block grant for Pregnant women and we can work with them up to the age of . Can help with Car Seats, Diapers, Wipes. Cribs. This is similar to Healthy Start-though this is a short term commitment
HERCC- Chris Osment	<p>CHW-</p> <ul style="list-style-type: none"> We have a new CHW worker that just started Jacqueline Trader on the 4th Donna Coulbourne will start on the 20th. They will be working with the Libraries, DSS and the WWCC. Woodrow Wilson Community Center Grand opening is Saturday August 23th 2025.
Colorectal Cancer Updates	<p>Ben Dashiell (SCHD)</p> <ul style="list-style-type: none"> Cologuard is still available for those that will not do a colonoscopy. We have scheduled 6 patients for colonoscopy We are working on getting the Lung screening. Hope we can talk more on our next meeting about this.

Partner Updates	Kat Rodgers-TidalHealth there will be some upcoming Drive Thru Flu clinic: Salisbury Drive-Thru Clinic Date: Friday, September 26, 2025 Time: 8:00 AM - 6:00 PM Location: Arthur W. Perdue (Shorebirds) Stadium <ul style="list-style-type: none"> • Crisfield Drive-Thru Clinic Date: Saturday, October 4, 2025 Time: 8:00 AM - 12:00 PM Location: TidalHealth McCreedy Pavilion
Next Meeting	November 4, 2025 At 9:30 am-11:30 am
Adjournment	11:37 a.m.