

Homeless Alliance for the Lower Shore (HALS)

Wicomico, Worcester and Somerset Counties

Resource Guide for the Homeless

Updated February 28, 2026



Homeless Alliance for the Lower Shore (HALS) Resource Guide

Table of Contents

Crisis Information and 24-Hour Hotlines.....	3-7
Community Assistance Services.....	7-16
Education and Job Training.....	17-21
Government Programs for Free Cell Phones.....	21
Legal Services.....	21
Local Shelters.....	22-23
Low Cost Medical Provider.....	24-25
Mental Health and Addiction Providers.....	25-29
Services for Veterans.....	29-31
Supportive Housing Programs.....	31
Transitional Housing.....	32-33
Transportation	34
Tri-County Pantries and Soup Kitchens.....	34-40

**This information is available online at
www.somersethealth.org**

Crisis Information and 24-Hour Hotlines

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)

Staffed by professional phone counselors, our crisis hotline is available 24/7 to provide immediate aid to individuals and families in all 9 counties of the Eastern Shore. Our team is dedicated to helping prevent suicides, reducing dangerous or threatening situations, and connecting you with community resources and care required to reach recovery.

The Mobile Crisis Team is prepared for immediate dispatch to behavioral or mental health crises 24/7 in 8 counties, from Cecil to Somerset. Once on scene, our two-person team will assess the severity of the crisis, implement immediate relief, and coordinate a path to recovery and sustainable health. All services are free and voluntary. Telehealth options are available.

Please check out our website for more detailed information on services available.

Phone: 888-407-8018

Website: www.santeeasternshore.org

Alzheimer's Safe Return

Our nationwide emergency response service facilitates the safe return of individuals living with Alzheimer's disease or another dementia who wander or have a medical emergency.

The Alzheimer's Association, in collaboration with MedicAlert® Foundation, provides membership plans with 24/7 Wandering Support.

Phone: 800-272-3900

Website: www.alz.org/help-support/caregiving/safety/medicalert-with-24-7-wandering-support

Americans with Disabilities Act (ADA) 24-hour Hotline

Accessibility specialists are available to answer questions from individuals, businesses, and state/local governments. All calls are confidential.

Phone: 800-514-0301

TTY: 833-610-1264

Center for Disease Control and Prevention (CDC) 24-hour Hotline

Phone: 800-CDC-INFO (800-232-4636)

TTY: 888-232-6348

Community Outreach Addictions Team (C.O.A.T)

Peer support specialists partnered with local law enforcement to encourage individuals to engage in addictions treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875

Website: www.wicomicohealth.org/case-management/coat/

Diakonia- Mobile Outreach Team (MOT)

Diakonia, Inc. Address: 12747 Old Bridge Road, Ocean City, MD 21842

Phone: 410-213-0923

Website: diakoniaoc.org

The Mobile Outreach Team (MOT) provides essential support services to individuals and families experiencing homelessness throughout Worcester, Wicomico, and Somerset counties. In addition to housing-focused outreach, Diakonia's team offers peer support services for individuals affected by substance use disorder, helping connect them to resources, treatment, and harm-reduction education. Diakonia is also an authorized Overdose Response Program (ORP), allowing the outreach team to provide naloxone training to individuals, local businesses, hotels, and community members during local events. These trainings support overdose prevention and promote safer, informed responses within the community.

Please call 443-953-5062 for outreach services.

HIV/AIDS Hotline

Phone: 800-358-9001 (Maryland)

Phone: 800-232-4636 (National)

TTY: 800-232-6348

Life Crisis Center

Provides a wide range of services to victims of domestic violence, sexual assault, and child abuse. Through prevention, intervention, therapy, legal services, advocacy, and collaboration, we work to provide a safe place for healing. Some of the comprehensive support services offered to the community include a 19 bed safe home, intensive case management, supervised visitation, counseling, legal services, victim support, abuser groups, and outreach.

Additionally, the LCC also houses the suicide hotline and is the designated information and referral center for Maryland 211 for the entire Eastern Shore of Maryland.

24 Hour Hotline: 410-749-HELP (4357) or call 211

Website: www.lifecrisiscenter.org

HealthPort's Assertive Community Treatment Teams (ACT)

Provides mobile psychiatric, vocational, rehabilitation, nursing, peer support and substance abuse services. ACT teams provide outreach at a client's home, work, or any other appropriate location chosen by the client. Adults in need of services are assessed by clinical staff to determine the client's needs, strengths, resources and also receive a psychiatric evaluation which includes history, mental status examination, and diagnosis.

ACT provides services primarily to adult residents of Caroline, Dorchester, Somerset, Talbot, Wicomico, and Worcester counties.

Phone: 410-341-3420

Referrals: call 443-859-7774, fax 410-341-3397, or email referral@lowershoreclinic.org

Website: www.lowershoreclinic.org/services/#Assertive-Community-Treatment

Maryland Youth Crisis Hotline

Maryland Youth Crisis Hotline Mobile Treatment/ACT – HealthPort

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.
Phone: 410-341-3420

Poison Control

Phone: 800-222-1222

Website: www.poison.org or triage.webpoisoncontrol.org

Contact Poison Control right away if you suspect a poisoning. Help is available online or by phone. Both options are free, expert, and confidential

The Retreat

Team Cell Phone: 443-880-3010

Website: www.lowershoreclinic.org/services/#Crisis-Services

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crises. They are a voluntary alternative to or step down from hospitalization.

Safe Stations

The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week, 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

- **Wicomico County Safe Station**

Phone: 443-783-6875

726 S Salisbury Blvd, Salisbury, MD 21801 (inside the Recovery Resource Center)

- **Worcester County Safe Station and Peer Warm Line**

Phone: 844-ONE-PEER (844-663-7337)

Peer Warm Line: This line is for individuals who have non-urgent substance misuse needs in Worcester County. The warm line is maintained by peer recovery specialists who are able to provide peer support services over the phone

Safe Station: At any time of day or night, or other times when the Health Department is closed, and a person struggling with substance misuse decides or gathers up the courage to ask for help, he or she can go to the **15th Street Fire Department**, in Ocean City, MD and speak to the firefighters on duty.

Somerset County Health Department Peer Support

Phone: 443-523-1700

Trained peer recovery specialists provide support services for individuals with substance use diagnoses and their families. Peer recovery specialists act as educators, mentors, and advocates for individuals in recovery. They guide and support individuals working toward or engaged in long-term recovery from an addiction to alcohol or other drugs. They provide clients with an array of supportive services including one-on-one peer connections, groups, systems navigation,

and transportation, and perform outreach and education, helping to reduce stigma in the community.

988 Suicide & Crisis Lifeline

Phone or text: 988

Phone (Español): 888-628-9454

TTY: Use your preferred relay service or dial 711 then 988

Website (chat available): 988lifeline.org

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

TidalHealth Crisis Center

The TidalHealth Crisis Center serves as behavioral health urgent care center where individuals can receive behavioral health crisis respite, observation and intervention in a warm, friendly, homeless community setting

Address: 200 E. Vine St

Salisbury, MD 21801

Phone 410-543-7181

Trans Lifeline

Phone: 877-565-8860 (English and Español)

Website: translifeline.org

Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans and questioning peers.

Trevor Lifeline (LGBTQ Youth)

Phone: 866-488-7386

Text: START to 678-678

Website (chat available): www.thetrevorproject.org

The Trevor Project provides 24/7 crisis support services to LGBTQ young people. Text, chat, or call anytime to reach a trained counselor.

Urgent Care Clinics

Provide mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

HealthPort (Wicomico)

Phone: 410- 341-3420

Call Eastern Shore Crisis Response Services (ESCRS) after business hours 1-888-407-8018

Veterans Crisis Line

Phone: 988, then press 1

Text: 838255

TTY: 800-799-4889

Website (chat available): www.veteranscrisisline.net

Are you a Veteran in crisis or concerned about one?

You're not alone - the Veterans Crisis Line is here for you.

You don't have to be enrolled in VA benefits or health care to call.

Worcester County Health Department Crisis Response Team (CRT)

Phone: 410-629-0164 (for employment or programmatic questions)

Provides 24 hour coverage 365 days a year to residents and visitors of Worcester County.

CRT is activated by law enforcement, Atlantic General Hospital and various other agencies throughout the county. CRT provides an emergency mental health and substance use assessment on the scene and attempts to connect individuals to community resources as appropriate.

Assessments are provided by master's level licensed mental health professionals.

Community Assistance Services

Catholic Charities of the Diocese of Wilmington - Seton Center

Address: 30632 Hampden Avenue, Princess Anne, MD 21853

Mailing address: PO Box 401, Princess Anne, MD 21853

Phone: 410-651-9608

Website: ccwilm.org/seton-center

Email: SetonCenter@ccwilm.org

Seton Center is a multi-purpose neighborhood community center located in Princess Anne, MD. Staff members at Seton Center work to identify and respond to the needs of local residents.

Services available at Seton Center by appointment in our office:

- Three food distribution programs: a food cooperative, an emergency food pantry, and the Choice program
- Basic Needs program: supporting households at risk of becoming homeless
- Family strengthening services and case management
- Thrift center
- Community Enrichment Programs

Diakonia, Inc.

Address: 12747 Old Bridge Road, Ocean City, MD 21842

Mailing address: PO Box 613, Ocean City, MD 21842

Phone: 410-213-0923

Website: diakoniaoc.org

Provides homeless advocacy, emergency, and transitional shelter, case management, food pantry, homeless prevention programs, housing search assistance, Supportive Services for Veteran Families (SSVF).

- **Rapid Response Team (RRT):** Outreach services for the Lower Three Counties Please call 443-953-5062
- **Emergency Food Assistance:** Operates daily from 8am to 4pm providing nutritious groceries to the community. For Food emergencies please call 211 or 410-213-0923

outside of those hours, serving Worcester, Wicomico, and Somerset counties once per month.

- **Prevention and Re-housing Program:** Diakonia provides emergency assistance for Worcester and Wicomico county residents. Assistance includes: case management, rental assistance, deposit assistance, utility assistance, and other housing related services as eligible. Case managers will work closely with individuals and families to ensure that they are connected to applicable programs and services.
- **Diakonia Thrift Store:** This thrift store specializes in new and gently used clothing, household goods, and furniture. All items are deeply discounted. Donations are welcomed, especially household goods.

Address: 12507 Sunset Ave, Ocean City, MD 21842 (corner of Rte 611 and Sunset Ave)

Store hours are Wednesday through Friday 10am - 3pm and Saturday 10am - 1pm

- For thrift store information call 410-213-0243

Donation hours are Wednesday through Friday 10am - 3pm

- For donation information call 443-373-2147 or email info@diakonia.org

Department of Social Services provides the following assistance programs:

- Social Services to Adults
- Supplemental Nutrition Assistance Program (SNAP)
- Substance Abuse and Treatment Services (formerly TCA)
- Assistance to Families with Children
- Temporary Disability Assistance Program (TDAP)
- Emergency Assistance
- Medicaid/Maryland Health Connection
- Housing Assistance
- Child Support Services

Somerset County Department of Social Services

Address: 30397 Mt. Vernon Rd, Princess Anne, MD 21853

Phone: 410-677-4200

Wicomico County Department of Social Services

Address: 201 Baptist St, Suite 27, Salisbury, MD 21801

Phone: 410-713-3900

Worcester County Department of Social Services

Address: 299 Commerce St, Snow Hill, MD 21863

Phone: 410-677-6800

Fenix Youth Project Inc.

Address: Virtual Services

Services: Wicomico Worcester and Somerset Counties

Referrals can be made via Website: fenixyouthproject.org

HALO Bargain Center

Address: 701 Snow Hill Rd, Salisbury, MD 21804

Phone: 410-341-4256

Website: haloministry.org/thrift-store

Email: lschevel@HALOministry.org

Hours: Monday - Friday 10am - 6pm, Saturday 10am - 5pm

HALO's Bargain Center offers high quality new or gently used clothes, furniture, linens, books, electronics, jewelry, and other household goods at affordable prices.

The HALO Cafe

Address: 119 South Blvd, Salisbury, MD 21804

Phone: 410-742-9356

The HALO Café is open to individuals on the street and low income individuals and families

- Breakfast: 7:30am - 8:30am (Monday - Friday)
- Bagged breakfast/lunch on weekends: 7:30am - 8am (Saturday - Sunday)
- Lunch: 12pm - 1pm (Monday - Friday)
- Dinner: 6pm - 7pm (Monday - Sunday)

HALO's Resource & Respite Center

Address: 119 South Blvd, Salisbury, MD 21804

Phone: 410-543-2003

Hours: 9:30am - 4:30pm (Monday - Friday)

The Resource & Respite Center is a safe, structured place where homeless individuals and families can come during daytime hours.

Services offered: case management, mail, showers, addiction referral, computer services, Wagner Wellness Van

Homeless Alliance for the Lower Shore Continuum of Care Committee (HALS CoC)

Phone: 443-523-1700

Website: somersethealth.org/homelessness

HALS CoC is a group of individuals from Somerset, Wicomico and Worcester counties that was formed around the common concern of homelessness. Members include representatives from local housing programs, county Homeless Boards, area shelters, non -profits, service organizations, state and county agencies, faith community, local providers, foundations, business community, and local citizens. This is an open meeting for anyone interested.

Homelessness Solution Program (HSP)

Homelessness Solutions Program provides financial assistance, counseling, and other services to prevent families and individuals from being evicted, losing their homes, or becoming homeless. The money will also be used to help those who are currently experiencing homelessness find both short term and permanent long-term housing or apartments and stay in the new housing units.

Three Agencies that offer HSP services are listed below:

1. Diakonia - Worcester and Wicomico County

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

Phone: 410-213-0923

2. Catholic Charities of the Diocese of Wilmington - Seton Center - Somerset and Wicomico County

Address: 30632 Hampden Ave, Princess Anne, MD 21853

Phone: 410-651-9608

3. Wraparound MD, Inc Worcester, Somerset and Wicomico County

Address: 1118 East Main St. Salisbury, MD 21804

Phone: 410-219-5070

Help & Outreach Point of Entry (H.O.P.E. Inc)

Address: 129 Broad St, Salisbury, MD 21801 (Basement of Wicomico Presbyterian Church)

Mailing address: PO Box 5113, Salisbury, MD 21802

Phone: 410-677-0757

Website: www.hopesby.com

Email: hope@hopesby.com

Open Tuesday, Wednesdays and Thursdays 8am to 4pm

Day Shelter – No appointment or referral is required to visit the day shelter, simply sign in at the front desk upon arrival. If you are requesting services, you'll be asked to complete a brief intake form to help us better understand your needs.

Showers – Guests who wish to shower will be asked to sign a liability waiver and will receive a wristband. At the shower trailer, hygiene products and fresh underwear are provided.

Lunch – Lunch is served from 10:30 a.m. - 1:30 p.m., with tokens distributed beginning at 10:00 a.m. Meals are prepared and served with care by dedicated volunteers. Lunch varies by day, the menu is posted on our website and in the day shelter.

- **Vital Document Assistance** – Support in obtaining birth certificates, Social Security cards, Maryland state IDs, and other essential identification documents to help clients access services and benefits.
- **Health-Related Support** – Support to help clients navigate their healthcare needs, including scheduling medical appointments, managing prescriptions, coordinating specialist referrals, and understanding insurance options and benefits.
- **Resource Referrals & Connector Services** – Referrals to shelter options, recovery resources, and community support programs (such as food assistance, crisis hotlines, behavioral health support, and employment resources) to connect clients with the right local services.

Joseph House Ministries

Address: 812 Boundary St (also called County Shop Rd), Salisbury, MD 21801

Mailing address: PO Box 1755, Salisbury, MD 21802

Phone: 410-749-4239

Website: thejosephhouse.org

The Joseph House is a non-profit charitable organization that helps the poor and homeless of

southern Delaware and the Lower Shore counties of Maryland and Virginia.

- **Food Pantry:** Tuesday - Thursday 9am - 11:15am
Wicomico residents only, may use once per month
- **Hospitality Room:** Monday - Friday 8am - 12:30pm
Homeless visitors can receive food, personal hygiene products, and emergency clothing, take a shower, and have their clothes laundered
- **Financial Services:** Tuesday - Thursday 9am - 11am
Assistance with utility bills, evictions, and security deposits

Local Behavioral Health Authority agencies in each county provide the services below:

- **Somerset County Behavioral Health Authority**
Address: 8928 Sign Post Road, Suite 2, Westover, MD 21871
Phone: 443-523-1700
Website: somersethealth.org
- **Wicomico County Behavioral Health Authority**
Address: 108 East Main Street, Salisbury, MD 21801
Phone: 410-543-6981
Website: wicomicohealth.org/behavioral-health
- **Worcester County Behavioral Health Authority**
Address: 6040 Public Landing Rd, Snow Hill, MD 21863
Phone: 410-632-1100
Website: worcesterhealth.org/mental-health-sidebar

Consumer Support Funds:

Available to assist mental health consumers of the Public Mental Health System (PMHS) maintain or access community placement (one time per 12 months). Eligible examples include security deposit or first month's rent, utility turn on and/or deposit, past due rent or utility bills, etc., as well as laboratory, pharmacy, transportation, and identification assistance.

All applications must be completed by a provider and are subject to evaluation and approval. Incomplete applications will be denied and returned. Anyone interested in the program should contact their behavioral health provider for a referral.

- **Laboratory Assistance:** assistance for uninsured patients of the PBHS for blood tests necessary to monitor psychiatric medication.
- **Pharmacy Assistance:** funds for uninsured patients of the PHMS for psychiatric medications.
- **Transportation Assistance:** aids with uninsured patients of the PBHS in need of transportation for mental health appointments.
- **Assistance paying for birth certificate and/or Maryland identification for individuals that are homeless or at risk of homelessness that have a serious mental illness.**

Homeless Identification and Birth Certificate Project:

This project provides funding for birth certificates and/or state identification/driver’s license renewals. To qualify, the individual must be experiencing homelessness or is at imminent risk of becoming homeless and have a mental illness or co-occurring substance use disorder. Minor children in the care of a qualifying adult that meets the homeless and disability criteria are also eligible for birth certificates. Must be completed by a mental health provider or social service organization

Forms can be found on each health department website below. If you have any questions regarding the application please contact your Local Behavioral Health Authority (LBHA).

Maryland Recovery Net (MDRN)

Provides financial assistance to consumers with co-occurring or substance use disorders actively receiving substance use disorder (SUD) treatment. The purpose of the Maryland Recovery Net (MDRN) funds is to enable an individual to access or retain community-based SUD services; the funds should be linked to the client’s clinical and/or recovery support plan goals.

The consumer must be engaged with the State Care Coordinator from their county of residence.

The MDRN SUD Client Support Funds are limited to one-time annual help.

- Pharmacy assistance
- Transportation to SUD-related appointments
- Obtaining vital documents, medical assistance and
- Transitional support (including rental and utility assistance)
- Dental/Vision

All applications are subject to evaluation and approval.

Incomplete applications will be denied and returned.

Project for Assistance in Transition from Homelessness (PATH):

Provides outreach and short-term case management to individuals that are homeless or at risk of homelessness that have a serious mental illness.

Targeted Case Management (TCM)

Somerset County Health Department Targeted Case Management (TCM):

Wraparound MD, Inc

Address: 1118 East Main St. Salisbury, MD 21804

Phone: 410-219-5070

Fax 410-219-5072

Worcester County Health Department Targeted Case Management (TCM)

Wraparound MD, Inc

Address: 1118 East Main St. Salisbury, MD 21804

Phone: 410-219-5070

Fax 410-219-5072

Wicomico County Health Department Targeted Case Management (TCM)

Address: 108 E. Main Street, Salisbury, MD 21804

Phone: 410-548-5179

Fax 410-543-6680

Local Management Boards (LMBs)

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. LMBs provide resources for families in order to link them with local agencies and organizations serving children, youth, and families.

- **Somerset County Local Management Board**
Address: 7920 Crisfield Hwy, Westover, MD 21871
Phone: 410-651-2963
Website: [facebook.com/somersetcountylmb](https://www.facebook.com/somersetcountylmb)
- **Wicomico Partnership for Families and Children**
Address: 110 N. Division St, Suite 108, Salisbury, MD 21801
Phone: 410-546-5400
Website: [facebook.com/wicopartnership](https://www.facebook.com/wicopartnership)
- **Worcester's Initiative to Preserve Families - Local Management Board**
Address: 6040 Public Landing Road, Snow Hill, MD 21863
Phone: 410-632-3648
Website: [facebook.com/worcestercountylmb](https://www.facebook.com/worcestercountylmb)

Lower Shore Friends

Address: 207 Maryland Avenue #5, Salisbury, MD 21801

Phone: 410-334-2173

Contact: Wilmore "Bunkie" Sterling

- A peer support and advocacy center
- Referrals to community services, consumer outreach, and workshops
- Wellness and recovery center for persons in recovery from mental health disorders
- Linkage to advocacy, consumer forums, and recreational activities
- Provide assistance to persons just released from jail, state hospitals, and local homeless populations in Wicomico and Somerset County with Mental Health issues, and housing needs

Maryland Access Point (MAP)

Website: [marylandaccesspoint.211md.org](https://www.marylandaccesspoint.211md.org)

Maryland Access Point (MAP) is Maryland's No Wrong Door Aging and Disability Resource Center, established as the single entry point for individuals seeking long term support services and a range of community support. Local MAP sites aim to assist consumers to navigate the

complex system of services through individual, person-centered counseling.

MAP Somerset

Phone: 410-651-0020

Email: jmckenzie@somersetmd.us or slmarshall@somersetmd.us

MAP Wicomico (main MAP office for the Lower Shore)

Address: 909 Progress Circle, Salisbury, Maryland 21804

Phone: 410-742-0505 ext 109

Website: macinc.org/resources-support/information-assistance

Email: tld@macinc.org

MAP Worcester

Phone: 410-632-9915 ext 170

Email: kristy.mcintyre@maryland.gov

Salisbury Urban Ministries

Address: 326 Barclay Street, Salisbury, MD 21804

Phone: 410-749-1563

Website: sbyurbanministries.org

Email: sbyurbanministries@gmail.com

Salisbury Urban Ministries (SUM) provides:

- **God's Kitchen:** a community outreach program hosted by Grace United Methodist Church, 635 E. Church St, Salisbury, MD, serving lunch on Saturdays, 11am -12:15pm
- **Kid's Café:** an after-school and summer program for children attending East Salisbury or Beaver Run Schools. Advanced registration required.
- **Lazarus Food Pantry:** For low income residents living in Wicomico County. Open Tuesday and Thursday from 10am to 2pm. Call for required documentation.

Salisbury Urban Ministries DOES NOT offer Financial Assistance which would include rent, utilities, hotel stays, etc

Salvation Army

Address: 407 Oak Street, Salisbury, MD 21804

Phone: 410-749-3077

Website: salvationarmypotomac.org/salisbury

Clients must make an appointment. If you are a new client you must have a photo ID & Social Security card for all household members.

- **Food Assistance:** Monday - Friday 9:15am - 11:45am and 1pm - 2:45pm;
May be utilized once every 30 days.
- **Energy Assistance (Delmarva Power disconnects only):**
Go to <https://SHORE UP.org/> first to receive a referral; appointments available when funds are available.
- **Eviction/First Month's Rent & Mortgage Foreclosure Principle & Interest:**
Call for information and appointments.
- **Medication Assistance:** Monday - Friday 9:15am - 11:45am and 1pm - 2:45pm.

Can only help with \$60 per household per 12 months. Prescription medications only. Must have original written prescription or empty bottle.

- **Clothing Voucher:** Monday - Friday 9:15am - 11:45am
- **Furniture Voucher:** To receive a voucher, must have had a fire or flood. Referral needed from the Red Cross, shelter, rehab, or prison. Must provide the following for all household members: photo ID, Social Security card, and lease for a new place of residence. The day the furniture voucher is provided you must have a large vehicle to remove the items from the Thrift Store, no items will be stored. Vouchers are only good for the day provided, and are only morning appointments.

Samaritan Shelter

Address: 814 Fourth St, Pocomoke, MD 21851

Phone: 410-957-4310

Website: thesamaritanshelter.org

Email: thesamaritanshelter@gmail.com

Food Bank: Tuesday and Saturday 1pm - 2 pm, proof of address and ID is required each time to receive food. Must be a Worcester County resident. In order to receive food individuals must bring proof of residency such as a driver's license, lease, utility bill or valid ID.

You can only attend the food bank once per month.

Soup Kitchen: Wednesday 11am - 12:30 pm, open to anyone in need.

SHORE UP (Self Help On Rural Economics and Urban Problems)

Address: 520 Snow Hill Rd, Salisbury, MD 21804

Phone: 410-749-1142

Website: shoreup.org

- Free Income Tax Preparation for households with income less than \$64,000.
- Adult Day Services for individuals who need supervision/care. Ideal for individuals whose primary caretaker works weekdays. Transportation and meals are provided. Services may be free to Medicaid/Medical Assistance recipients and offered on a sliding scale basis for individuals who do not have Medicaid/Medical Assistance based on income.
- Housing Counseling is offered to those who are interested in improving their credit and/or purchasing a home. We follow up with additional training after a home has been purchased as well. Follow-up training after a home has been purchased is also available
- Weatherization Assistance assists individuals in making their homes more energy efficient, thereby lowering their utility bills.
- Energy Assistance – provides financial assistance for the payment of electricity and home heating bills, helps with arrearages, and can set up a budget plan with a utility provider.

SHORE UP! (Wicomico County) Home Energy Program

Address: 520 Snow Hill Rd., Salisbury, MD 21801

Phone: 410-341-9634 (Tuesday & Thursday)

SHORE UP! (Worcester County) Home Energy Program

Address: 6352 Worcester Highway, Newark, MD 21841

Phone: 410-632-2075 (Monday, Wednesday, & Friday)

SHORE UP! (Somerset County) Home Energy Program

Address: 12409 Loretto Rd., Princess Anne, MD 21853

Phone: 410-651-1805

What you need to apply:

- Copy of applicant's photo identification
- Proof of residence
- Copies of social security cards for all household members including children
- Proof of all of your household's total gross income for the last 30 days (from all sources of income)
- The name of your home energy supplier and account number
- A copy of your most recent utility bill
- In you rent, a copy of your lease

Telamon Corporation

Address: 31901 Tri-County Way, Suite 112, Salisbury, MD 21804

Phone: 410-546-4604

Housing assistance and housing counseling program available to customers in need of emergency assistance with rent, mortgage, and utilities (if funds are available).

Housing counseling is designed for customers who wish to pursue the American dream of owning their own home.

Worcester County Health Department

Address: 6040 Public Landing Rd, Snow Hill, MD 21863

Phone: 410-632-1100

Website: worcesterhealth.org

- Intakes for Substance Abuse: 410-632-1100
- Intakes for Mental Health: 410-213-0202
- Targeted Case Management (TCM)
- Psychiatric Rehabilitation Program: 410-629-0164
- Safe Stations & Peer Warm Line (24/7): 844-ONE-PEER
- Medical Transportation: 410-632-0092
- Coordination of Community Services (CCS) for the DD population: 410-632-1100
- Early Intervention Services for children ages 5 and under: 410-629-0164
- Peer Support Services: 410-213-0202
- Maryland Children's Health Program (MCHP)/Administrative Care Coordination (ACC): 410-629-0164
- Lower Shore Health Insurance Assistance Program (LSHIAP): 855-445-5540
- Homeless Outreach Team (HOT) - multi-agency team assists Worcester County homeless individuals by linking them to resources by decreasing barriers: 410-632-3648

Worcester Youth and Family Counseling Services, Inc: Family Connection - Berlin

Address: 124 N. Main St, Suite C, Berlin, MD 21811

Phone: 410-641-4598 or 211

Website: gowoyo.org

E mail: shine@gowoyo.org

- **Clinical mental health therapy-** Clinical staff sees clients Monday-Thursday at a variety of times. Most major insurances, Maryland Medicaid, and Medicare are accepted. Sliding scale and grant programs available for clients in financial need.
- **Mentoring services-** Worcester Connects hosts monthly group meetings for youth in grades 1st-12th as well as one-on-one mentoring assignments. This program is free to be involved in and does require registration; email or visit the website to fill out your application.
- **Financial Navigation-** Worcester Navigation provides training, resources, and family-focused assistance to Worcester County residents with children under the age of 21 in the home. Navigators will send referrals to local agencies, provide information on healthy living, and work with families to make long-term financial paths for their futures.
- **FreeBerlin Youth Camp-**for children aged 6-12 and living in the 21811 area code. Campers come for 8 weeks, Monday-Thursday, and are provided lunch and opportunities to attend multiple field trips throughout the summer. This camp is first come, first served and is usually open for applications in early March. Call for additional details and to receive your registration packet.
- **Free Little Healthy Food Pantry-** the LHFP is available behind the office at 124 N. Main St. facing West Rd. This pantry is open 24/7. No information or referral is necessary to access this service. For specific needs, including dietary restrictions, infant care items, and other personal needs, contact (410) 641-4598 x102

Education /Job Training

American Job Center

Address: 31901 Tri-County Way, Salisbury, MD 21804

Phone: 410-341-6515

Website: lowershoreajc.org

Monday - Friday 8am - 4:30pm

Availability of specific services varies; please call ahead for dates and times.

The American Job Center in Salisbury is a one stop shop featuring employment and training services. The purpose of the American Job Center is to provide access to an array of resources and information in one place. The American Job Center offers 12 agencies that together offer just the right blend of services which lead our customers to highly successful careers. The American Job Center agencies work together, to make every customer visit productive, and rewarding.

Barrett Business Services:

Address: 220 East Main St, Suite B, Salisbury, MD 21801

Phone: 410-546-2020

Fax: 410-546-8035

Email: Salisbury-MD_Jobs@bbsihq.com

Best Temps

Address: 308 Civic Ave, Salisbury, MD 21804

Phone: 410-546-0252

Board of Education - Homeless Liaisons

The local liaisons serve as one of the primary contacts between homeless families and school staff, district personnel, shelter workers and other service providers. They liaison coordinates services to ensure that homeless children and youth enroll in school and have the opportunity to succeed academically.

- **Somerset County Board of Education**
Rachel Abbott-Gray, Homeless & Mental Health Coordinator
Address: 7982A Tawes Campus Drive Westover, MD 21871
Phone: 410-651-1616 Ext 11262
Email: rabbott@somerset.k12.md.us
- **Wicomico County Board of Education**
Knita Cartwright , Homeless Liaison/Pupil Personnel Worker
Knita Cartwright ,, Homeless Case Manager
Address: 2424 Northgate Dr, Salisbury, MD 21802
Phone: 410-677-4536
Email: jdeal@wcboe.org
- **Worcester County Board of Education**
Timothy Gebhardt, McKinney-Vento Liaison
Address: 6270 Worcester Hwy, Newark, MD 21841
Phone: 410-632-5000
Email: THGebhardt@worcesterk12.org

Division of Rehabilitation Services (DORS)

Address : 31901 Tri-County Way, Suite 119, Salisbury, MD 21804

Phone : 410-546-1580

Website: dors.state.md.us/county/wic or dors.maryland.gov

The Maryland DORS programs help people with physical and mental disabilities go to work. Allowing them to become self-sufficient and remain independent in their own homes and communities. DORS is a part of the Maryland State Department of Education and operates two major programs: Vocational Rehabilitation (VR) program and the Disability Determination Services.

Vocational Rehabilitation: Eligible individuals choose from services that include career assessment, vocational training and job placement. DORS offers specialized programs for people who are blind/visually impaired through the Office for Blindness and Vision Services. DORS also operates the Workforce and Technology Center.

Disability Determination Services: Individuals may qualify for one of two Social Security Administration disability programs:

- **Social Security Disability Insurance (SSDI):** Cash benefits to insured workers who meet the definition of disability and to their dependents.
- **Supplemental Security Income (SSI):** Monthly cash benefits to children and adults who meet the disability as well as certain income and resource guidelines.

Office of Field Services: Rehabilitation Counselors in offices throughout Maryland provide or arrange services that may include career counseling, assistive technology, vocational training and/or job placement assistance.

Workforce & Technology Center: Offers career assessment, skills training, job placement assistance, assistive technology services, medical and support services that prepare people to work or remain independent.

Employed Individuals with Disabilities Program (EID)

Phone: 410-767-7090

Worker incentive program meant to encourage people to work and become self-sufficient by providing Medicaid for a limited premium to people who meet certain requirements.

Fast Program (Food and Service Program)

Address: 31901 Tri-County Way, Suite 112, Salisbury, MD 21804

Phone: 410-546-4604

Fax: 410-341-4403

Exciting 12-week full time contextualized training program. This hands-on food service training takes place in an operation on site full kitchen. Wrap around classroom instruction will prepare students for work readiness and job retention. Students will acquire food serving training, Servsafe Food Handler Certification and Manager Instructions. Students will gain self-sufficiency, self-respect, life skills, and strategies to help them maintain their jobs.

Goodwill Lower Shore Career Development Center

Address: 700 S. Salisbury Blvd, Salisbury, MD 21801

Phone: 410-219-9118

Monday - Thursday 9am-3pm

Goodwill Lower Shore Career Development Center is a workforce agency that provides several skill trainings, which include Clerical and Computer, Customer Services, Quickbooks, Cashier Training, Job Readiness, Placement Assistance, and Case Management. All are focused on eliminating barriers to employment.

Job Services - Maryland State Employment Services

Address: 201 Baptist Street, 2nd floor, Salisbury, MD 21801

W. Paul Martin Multi-Service Building

Phone: 410-543-6657

Lead4Life - Re-Engagement Initiative (Wicomico Residents only)

Address: 100 Clemwood St Salisbury

Phone: 240-499-8949

Through our Re-Engagement Initiative (RI), we are able to connect youth, who have not graduated from high school and/or are unemployed, with the resources needed to obtain

educational assistance and employment opportunities. We help these individuals successfully navigate monumental life changes so that they may set goals, achieve their dreams, and realize their potential. Re-Engagement participants are between the ages of 16-24 and are individuals who have not received a high school diploma or an academic alternative, such as the GED. and seek assistance with workforce development skills.

Lower Shore Enterprises, Inc.

Address: 28475 Owens Branch Rd, Salisbury, MD 21801

Phone: 410-749-6183

Fax: 410-749-1220

Website: lseworks.org

Lower Shore Enterprises, Inc. (LSE) provides pre-employment vocational and social skills training, vocational assessments, job development and placement, coaching, transportation assistance, employer training and consultation, follow-up job trials, temporary manpower and contractual labor.

Lower Shore American Job Center

Address: 31901 Tri-County Way, Suite 111, Salisbury, Maryland 21804

Phone: 410-341-8533

Fax: 410-334-3454

Email: dlwdalsalisbury-LABOR@maryland.gov

Lower Shore Work Alliance

Address: 31901 Tri-County Way, Salisbury, MD 21804

Phone: 410-341-6515

Website: lswa.org

LSWA facilitates access to programs and services as well as linkages to the employer community. Service areas are Somerset, Wicomico, and Worcester Counties.

- Adult and Dislocated Workers Program
Phone 410-341-6010
Email: training@lswa.org
- Level Up! Lower Shore Young Adult Program (ages 16-24)
Phone: 443-341-3835
Email: info@lswa.org

National Farm Workers Jobs Program

Address: 31901 Tri-County Way, Salisbury, MD 21804

Phone: 410-546-4604

Program geared towards providing employment and training services to the Migrant and Seasonal farm worker population. If eligible, customers have the opportunity to participate in an array of services to help them maneuver challenges faced when applying for work and/or educational programs. Some supportive services provided.

People Ready, Inc. (formerly Labor Ready)

Address: 340 Cypress St, Salisbury, MD 21801
Phone: 410-341-0955
Website: peopleready.com/location/salisbury-md-2643
Email: 2643-br@peopleready.com

SHORE UP! Inc. (Self Help On Rural Economics and Urban Problems)

Phone: 410-749-1142

- Head Start and Early Head Start programs for pregnant women and children under the age of five.
- Foster Grandparents for individuals 55+ In exchange for working with children 20 hours per week, Foster Grandparents receive a stipend that enhances their income without jeopardizing their benefits.
- CDA Credential: is offered for individuals who want to start a career in early childhood education. SHORE UP pays for all course-related materials, including examination fee.

Quality Staffing Services:

Address: 1237 North Salisbury Blvd, Salisbury, MD 21801
Phone: 410-742-2600
Website: easternshorejobs.com

WorWic Community College

Address: 32000 Campus Dr, Salisbury, MD 21804
Phone: 410-334-2800
Contact: Denean Jones-Ward

Government Programs for Free Cell Phones

Assurance Wireless

Phone: 1-888-898-4888
Website: assurancewireless.com

Eligibility varies by state, but you may qualify for a free cell phone and 250 free minutes each month if you participate in Medicaid, Food Stamps, SSI, or other government programs. You may also qualify if your total household income meets government guidelines in your state.

Lifeline/Safe Link

Phone: 800-SAFE-LINK
Website: safelink.com

Eligibility guidelines vary by state but in general individuals qualify for a free cell phone if they participate in a public assistance program such as; Food Stamps, Medicaid, SSI, TANF, Low Income Home Energy Assistance Program, National Free School Lunches, Federal

Housing/Section 8 Assistance, or if they do not receive any of these public assistance programs, they may also qualify based on total household gross monthly income.

Legal services

Shore Legal Access

Address: 601 - B E. Naylor Mill Rd. Salisbury, MD

Office: 410.690.8128

Services: Entire Eastern Shore (Including Lower Shore Counties)

Referrals can be made via website: shorelegal.org

SLA helps with connecting the community to FREE legal counsel: Family Law (Custody, Child Support, Divorce); Economic Stability (Expungements, Bankruptcy etc.) Housing Law (Landlord Tenant; Failure to Pay Rent Cases) and Life Planning (Adult Guardianship, Deeds, Estates, Wills and Power of Attorneys)

Local Shelters

Bethany House

Address: 12518 Somerset Ave., Princess Anne, MD 21853

Phone: 410-621-5435

Bethany House is an extension of Catholic Charities, Seton Center. Providing shelter to individuals experiencing homelessness within the Tri-County. Program guests must adhere to shelter guidelines and work on an Action Plan to move them towards self-sufficiency. Convicted Sex Offenders or those with violent criminal history will not be eligible for service.

Christian Shelter

Address: 334 Barclay St, Salisbury, MD 21804

Phone: 410-749-5673

Website: christianshelter.org

Christian Shelter, Inc is a homeless shelter that ministers to the physical, emotional, and spiritual needs of people who are in crisis. We serve breakfast, lunch, and dinner. The length of stay is up to 90 days. For admission persons must be 18 years of age or older or accompanied by a parent or legal guardian, must be willing to abide by the shelter rules and must be actively seeking a job and/or resolution of whatever problems are causing their homeless situation.

The use of drugs or alcohol is not permitted while staying at the shelter.

For admission call 410-749-5673, preferably between 8am and 8:30am on the day shelter is needed.

Diakonia, Inc.

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

Phone: 410-213-0923

Website: diakoniaoc.org

Diakonia provides an emergency housing program for families and individuals to meet the needs

and address the root causes of homelessness. Each individual or family works with a case manager and develops a plan to resolve the issues that brought them to Diakonia, and works through their plan in order to move to permanent, sustainable housing. In order to be eligible for intake, the individual must meet the HUD's definition of homelessness and be a resident of WIC, WOR, or SOM county. Please call 410-213-0923 to complete an intake. Convicted sex offenders are not eligible..

HALO Women and Children Shelter and Men's Shelter

Address: 119 South Blvd, Salisbury, MD 21804

Phone: 410-742-9356 (Monday - Friday)

Must pre-register by calling 410-742-9356 beginning at 9am to determine bed availability.

Open from 6pm to 7am. Women and Men's shelters are separate.

No single family rooms available. Mother with Children dorm available.

Individuals or family may stay up to 90 days at a time in the shelter; however, must be out for 60 days before returning.

Emergency guests have the opportunity to join Journey of Hope, a long term life change program.

Hands and Hearts Ending Homelessness: Cold Weather Shelter for Men

Address: Park Seventh Day Adventist Church, 31525 John Deere Dr, Salisbury, MD 21804

Phone: 443-397-2243

Website: handsandheartsshelter.org

Email: salisburyhheh@gmail.com

Seasonal shelter: open between November and April

HHEH provides beds, breakfast, lunch and dinner, and toiletries in a safe environment.

Life Crisis Center

Phone: 410-749-HELP (4357) or 211, both numbers are answered 24/7

Website: lifecrisiscenter.org

Provides a confidential safe home to women and children that are victims of Intimate Partner Violence (IPV). Men who are victims of IPV are handled on a case-by-case basis.

Life Crisis Center is an imminent risk safe house for those who are actively fleeing from IPV.

Ocean City Cold Weather Shelter

Open only when overnight wind chill temperature is 25°F or below.

Call for availability: 443-880-5060

Samaritan Ministries

814 Fourth St, Pocomoke City, MD 21851

Mailing Address: PO Box 661, Pocomoke City, MD 21851

Phone: 410-957-4310

Fax: 410-957-0125

Website: thesamaritanshelter.org

Email: thesamaritanshelter@gmail.com

Samaritan Ministries provides emergency housing, food, resources, support and clothing for families and individuals. Staff is available to help each individual work toward developing a plan of action to become self-sufficient and move to permanent housing or other housing to meet their needs. Samaritan Ministries works to meet the needs of the homeless.

Eligibility Requirements: Referral is needed. Those in need of shelter are required to do a pre-screen & background check before admittance. Individual/family must be a resident of Somerset, Wicomico or Worcester County for 30 days. Convicted Sex Offenders or those with violent criminal history will not be eligible. Persons must be 18 years of age or older or accompanied by a parent or legal guardian and must be willing to abide by the shelter expectations and must be actively working on a daily plan of action. We are not staffed or equipped for special needs.

Low Cost Medical Providers

Chesapeake Health Care

Wicomico County:

Adult Medicine: Mon–Fri - 7:00 am – 7:00 pm

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Phone: 410-546-6650

Dental: Mon-Fri – 8:30 am – 5:00 pm

Address: 1615 Tree Sap Court, Suite A, Salisbury, MD 21804

Phone: 443-944-9600

Mental Health Adults: Call for hours

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD 21801

Phone: 443-358-6193

Mental Health Youth: Mon-Fri - 7:30am – 6:00pm

Address: 1104 Healthway Dr., Salisbury, MD 21801

Phone: 410-219-1100

OB/GYN: Mon-Fri - 8:30 am – 5:00 pm

Maternal Fetal Medicine: Tues-Fri - 7:30 am – 5:00 pm

Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

Phone: 410-546-2424

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD 21801

Phone: 443-358-6193

Pediatrics: Mon and Tue - 8:00 am – 6:00 pm; Weds - Fri - 8:00 am – 5:00 pm,

Call for Saturday hours

Address: 223 Phillip Morris Dr., Salisbury, MD 21804

Phone: 410-548-1747

Pharmacy: Mon-Fri - 8:30 am – 6:00 pm,

Saturday - 9:00 am – 4:00 pm

Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Phone: 410-677-0561

Worcester County:

Address: 9956 N. Main St., Suite 2, Berlin, MD 21811

Phone: 410-973-2820

Adult Medicine: Mon-Th - 7:00 am – 5:00 pm; Friday -9:00 am – 5:00 pm

Mental Health: Mon-Fri - 8:00 am – 4:30 pm

Pediatrics: Monday and Friday - 8:30 am – 5:00 pm

Address: 305 10th St., Suite 104, Pocomoke City, MD 21851

Phone: (410) 749-1022

Adult Medicine: Wednesday - 7:00 am – 5:00 pm

Mental Health: Mon - Fri - 8:30 am – 5:00 pm

Crisis Center : Mon - Fri - 8:00 am – 6:00 pm

Address: 10344 Old Ocean City Blvd #2, Berlin, MD 21811

Phone: (410) 973-6679

Somerset County:

Adult Medicine: Mon-Thurs - 7:00 am – 6:00 pm; Friday - 8:30 am – 5:00 pm

OB/GYN: Mon-Fri - 8:30 am – 5:00 pm

Pediatrics: Mon-Th - 8:00 am – 6:00 pm; Friday - 8:30 am – 5:00 pm; Call for Saturday hours

Mental Health: Mon-Th - 7:30 am – 6:00 pm; Friday - 7:00 am – 5:00 pm

Lab: Mon-Fri - 8:30 am – 4:00 pm;

Address: 12145 Elm St., Princess Anne, MD 21853

Phone: 410-651-1000

Dental: Mon-Fri - 8:30 am – 5:00pm

Phone: 410-651-5151

Pharmacy: Mon-Fri - 8:30 am – 6:00 pm

Saturday - 9:00 am – 4:00 pm

Address: 12137 Elm St., Princess Anne, MD 21853

Phone: 410-651-5555

Lower Shore Health Insurance Assistance Program

[Serving Somerset, Worcester, Wicomico}

Address: 424 West Market Street, Suite A

Snow Hill, Maryland 21863

Phone: 1 855 445-5540

Website: LowerShore Health.org

MarylandHealthConnection.gov

Mental Health / Addictions Providers

Atlantic Club

Address: 11827 Ocean Gateway, Ocean City, MD 21842

Phone: 410-213-1007

Website: atlanticclubocmd.org

Open 24 Hours a Day, 7 Days a Week.

Atlantic Club is a non-profit service organization dedicated to supporting programs and activities by helping individuals in recovery and those trying to achieve sobriety and to stay clean.

Chesapeake Health Care

Address: 12145 Elm St (2nd Floor), Princess Anne, MD 21853

Phone: 410-651-2204

Walk-ins only: Monday, Thursday, and Friday 11:30am

Only the first 2 clients will be seen. It is suggested to show up at least ½ hour early.

Chesapeake Health Care

Address: 1813 SweetBay Dr, Salisbury, MD 21804

Phone: 410-219-1100

Chesapeake Health Care

Address: 9956 N. Main St, Suite 2, Berlin, MD 21811

Phone: 410-973-2820

Community Behavioral Health

Address: 821 Eastern Shore Dr, Salisbury, MD 21804

Phone: 410-334-6687

Community Outreach Addictions Team (C.O.A.T.)

Peer support specialists partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875 or 410-742-3784

Focus Point Behavioral Health

Website: www.focuspointbh.com

Monday - Thursday 9am - 8pm, Friday 9am - 5pm

Wicomico County

Address: 803 N. Salisbury Blvd. Suite 2200, Salisbury MD 21801

Phone: 443-978-7838

Somerset County

Address: 11672 Somerset Ave, Princess Anne, MD 21853

Phone: 410-621-5858

Address: 26423 Burton Ave, Crisfield, MD 21817

Phone: 410-968-2600

Hudson Health Services

Admissions Address: 1505 Emerson Ave, Salisbury, MD 21801

Mailing Address: PO Box 1096, Salisbury, MD 21802

Phone: 410-219-9000

Website: hudson-health.org

Cove Recovery

Website: coverecoveryllc.com

Wicomico County

Address: 540 Riverside Dr, Ste 8, Salisbury, MD 21801

Phone: 410-548-3333

Somerset County

Address: 30256 Mt. Vernon Rd, Princess Anne, MD 21853

Phone: 410-621-5342

Life Crisis Center

Mailing Address: PO Box 387, Salisbury, MD 21803

Phone: 410-749-0771

Website: lifecrisiscenter.org

Monday - Thursday 9am - 5pm, Friday 9am - 12pm.

No cost counseling services for victims of domestic violence, sexual assault, and child abuse.

HealthPort Assertive Community Treatment (ACT) Team - Mobile Treatment

Address: 431 East Main Salisbury, MD 21801

Phone: 410-341-3420

HealthPort**Wicomico County**

Address: 431 East Main St. Salisbury, MD 21804

Phone: 410-341-3420

Fax: 410-742-8883

Somerset County

Address: 11559 Somerset Ave, Princess Anne, MD 21853

Phone: 410-651-1547

Fax: 410-651-4872

Worcester County

Address: 7033 Worcester Hwy, Newark, MD 21841

Phone: 410-632-3737

Fax: 410-632-1283

Maple Shade Youth and Family Services

All languages available via interpreter services

Website: maple-shade.org

Email: info@maple-shade.org

Wicomico County

Address: 23704 Ocean Gtwy, Mardela Springs, MD 21837

Phone: 410-677-0202

Fax: 410-677-0303

Somerset County

Address: 382 West Main St, Crisfield, MD 21817

Phone: 410-968-3547

Fax: 410-968-1078

Address: 11793 Somerset Ave, Princess Anne, MD 21853 (mail to Crisfield)

Phone: 410-621-5177
Fax: 410-621-5050

Push Health and Wellness LLC

Website: www.pushhw.com

Email: Info@pushhw.com

Address: 1321 Mt Hermon Rd Suite C-1, Salisbury MD 21804

Phone: 443-736-8691

Fax: 410-784-4771

Push Health and Wellness provide accessible behavioral health and supportive services for individuals experiencing homelessness or housing instability. Our team offers Psychiatric Rehabilitation Program (PRP) services for youth and adults, substance use recovery support, reentry services, mentoring, and life-skills development. We focus on stability, wellness, and empowerment through trauma-informed, culturally responsive care. Participants receive individualized support to build daily living skills, strengthen mental health, connect with community resources, and move toward long-term independence and purpose.

Tidal Health McCready Pavilion

Address: 201 Hall Hwy, Crisfield, MD 21817

Phone: 410-968-1200

Website: mcreadyhealth.org

Wicomico County Health Department (Addictions and Mental Health Services)

Address: 108 East Main St, Salisbury, MD 21801

Mental Health Department phone: 410-334-3497

Addictions Department phone: 410-742-3784

Website: wicomicohealth.org

Worcester County Health Department (Substance Misuse & Mental Health Services)

Address: 400A Walnut St, Pocomoke, MD Phone: 410-957-2005

Address: 6040 Public Landing Rd, Snow Hill MD Phone: 410-632-1100

Address: 9730 Healthway Dr, Berlin, MD Phone: 410-629-0164

Address: 11827 Ocean Gtwy, Ocean City, MD Phone: 410-213-0202

Website: worcesterhealth.org

- Center for Clean Start for Pregnant and New Moms Phone: 410-957-2005
- Substance Abuse Counseling and IOP Phone: 410-213-0202
- Medication Assisted Treatment Phone: 410-213-0202
- Intakes for Substance Abuse and/or Mental Health Phone :410-632-1100
- Crisis Response Team (CRT) Activated through Emergency Services
- Peer Warm Line Phone: 844-ONE-PEER
- Outpatient, group, family and individual therapy for all ages
(See above locations for phone number in desired area)
- School-based therapy
(See above locations for phone number in desired area)

Services for Veterans

Burial Assistance for Maryland Resident Veterans

Phone: Bruce Webster 410-943-3420 or Jack Lewis 410-543-8194

The veteran must be a resident of Maryland and honorably discharged. Veterans can be interred at Beulah Veterans Cemetery. A spouse of a Veteran can also be buried there for a small fee.

Cambridge VA Outpatient Clinic

Address: 830 Chesapeake Dr, Cambridge, MD 21613

Phone: 410-228-6243 or 877- 864-9611

Fax: 410-901-4011

Outpatient Clinic provides the following services: Audiology, Coumadin Clinic, Hearing Aid Fitting, Medication Management, Mental Health, Primary Care, Occupational Therapy, Optometry, PTSD, Pulmonary, Social Work, Tele-Mental Health, Tele-Retinal Imaging, Urology, Vet Center, and Women's Health.

Department of Veterans Affairs and Hotline Numbers:

Benefits: 800-827-1000

Health Care: 877-222-VETS (8387)

VA Inspector General: 800-488-8244

Homeless Veteran Services: 877-424-3838

Combat Call Center: 877-WAR-VETS (877-927-8387)

Website: va.gov

Veteran Educational Services:

- Salisbury University
Shannon Hardester, Veterans and Military Affiliated Coordinator (Registrar's Office)
Phone: 410-543-6189
- Veterans Upward Bound
Wor-Wic Community College
Persons of Contact: Jason King
Address: 32000 Campus Dr, Salisbury, MD 21804
Phone: 410-334-2882
- UMES Hawk Vets
University of Maryland Eastern Shore
Veteran & Military Affiliated Assistance
Persons of Contact: Stephanie Hallowell
Phone: 410-651-6416
smhallowell@umes.edu

Veteran Employment Services

- MD Dept. of Labor Veterans Program (Wicomico, Somerset & Worcester Counties)

If you've served in the Armed Forces & are transitioning out of the military or just want a career change, a disabled veteran outreach specialist (DVOP) can provide the following assistance to you as a Veteran:

1. Free resume' assistance
2. Free referral for community assistance like rental, transportation & food
3. Free referrals to training programs
4. Free job referrals
5. Free career planning & much more

Address: Lower Shore American Job Center
31901 Tri-County Way, Suite 111, Salisbury, MD 21804
Contacts: Chris Williams (LVER/DVOP) 410-546-6821
Cherice Johnson (DVOP) 410-546-6820

You can also connect with a statewide DVOP utilizing the Virtual Veteran Kiosk:
Monday - Friday 9am - 4pm
VIRTUAL LINK: <http://meet.google.com/awf-yoqx-mmu>
PHONE DIAL IN: 1-516-268-6742 PIN# 748 066 507#

Homeless Veteran Reintegration Program (HVRP)

- St. James AME Zion Church - Zion House
Address: 521 Mack Avenue, Salisbury, MD 21802
Phone: 410-742-1427

Homeless Veterans Reintegration Program. Funded by the U.S. Department of Labor, the Homeless Veterans Reintegration Program (**HVRP**) is a Federal program that awards money to both nonprofit organizations and government agencies who work to place homeless veterans in jobs.

Maryland's Commitment to Veterans

Maryland Department of Health
Address: 201 W. Preston St, Baltimore, MD 21201
Contact: Dina Karpf, Eastern Regional Resource Coordinator
Phone: 410-382-0781 or 410-382-0781
24/7 hotline: 877-770-4801
Email: dina.karpf@maryland.gov

Maryland Army National Guard Family Assistance Center

Address: 28722 Ocean Gateway, Salisbury, MD 21801
Contact: Jon Black
Phone: 410-507-2202
Email: Jon.d.black2.ctr@mail.mil

National Association of Black Veterans, Inc.

(NABVETS) Walk Through the Valley Chapter #0093

Address: 127 Flower St, Berlin, MD 21811

Contact: James Briddell, Sr.

Phone: 443-366-8534

Pocomoke VA Outpatient Clinic

Address: 1701 Market Place, Suite 11, Pocomoke, MD 21851

Phone: 410-957-6718 or 866-441-0287

Services and Benefits Program of the MD Dept of Veteran Affairs

Address: 201 Baptist St, Salisbury, MD 21801

Phone: 410-713-3482

Supportive Services for Veteran Families (SSVF)

The program is designed to address homelessness and is a "Housing First" model to help Veteran families with housing outreach and assistance addressing factors such as unemployment, lack of income, limited income, disabilities, mental illness, substance use, poor credit, criminal histories and traumatic events that affect housing stability. The SSVF program is designed to help Veteran households address these issues and secure permanent housing. SSVF provides a short, intensive period of case management to link families to benefits and may provide temporary financial assistance with housing and moving expenses. Veterans with low-income facing housing instability should apply. Limited financial assistance helps Veterans remain in or obtain permanent housing such as rent (not including mortgage payments) , security or utility deposits, utility payment, moving costs, transportation, and child care.

Only participants receiving case management are eligible for financial assistance payments

Two agencies providing SSVF services are listed below:

1. Diakonia, Inc

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

Phone: 410-213-0923

2. St. James AME Zion Church-Zion House

Address: 521 Mack Ave, Salisbury, MD 21802

Phone: 410-742-1427

Veterans should call the phone numbers above to inquire about eligibility requirements

VA Maryland Health Care System

Community integration services, homeless outreach and case management, contract housing/emergency shelter

Contact: Gregory Bisset

Phone: 443-326-4337

VA Eastern Shore Homeless Outreach

Phone: 443-326-4337

VA National Call Center for Homeless Veterans

Phone: 877-424-3838

VA Transportation:

DAV Eastern Shore Chapter #34: Provides Transportation for VETs only to VA Medical Facilities (not equipped with handicap accessibility)

Contact: 410-572-6200

VA Vocational Rehabilitation

Address: 201 Baptist Street Salisbury, MD 21801

Phone: 410-713-3483

Veterans Crisis Line

Phone: 800-273-8255 (Press 1)

Text: 838255

Website (chat available): veteranscrisisline.net

Supportive Housing Programs

Maryland Department of Housing and Community Development (formerly Section 8)

Address: 503 Race St, 1st floor, Cambridge, MD 21863

Phone: 800-445-4340

Fax: 410-428-8844

Tri-County Alliance for the Homeless Supportive Housing Program (TCAH-SHP)

Somerset County Health Department

Address: 8928 Sign Post Rd, Suite 2, Westover, MD 21871

Phone: 443-523-1700

Website: somersethealth.org/homelessness/programs

The TCAH-SHP is a supportive housing program serving individuals 18 years or older and families who are homeless as defined by the U.S. Department of Housing and Development (HUD), have serious mental health issues, and reside in Somerset, Wicomico, or Worcester Counties. This program is a HUD funded permanent supportive housing program operated by the Somerset County Health Department for the tri-county area. The program provides housing to eligible participants through ongoing monthly rental assistance and case management to provide service coordination, assist them in obtaining benefits, and assist those obtaining services and treatment to address their disabilities.

Somerset Continuum of Care Housing Program (formerly Shelter Plus Care)

Somerset County Health Department (serving Somerset residents)

Address: 8928 Sign Post Road, Westover, MD 21871

Phone: 410-523-1700

Website: somersethealth.org

Wicomico Continuum of Care Housing Program (formerly Shelter Plus Care)

Wicomico County Health Department (serving Wicomico residents)
Address: 108 East Main St, Salisbury, MD 21801
Phone: 410-543-6981
Website: wicomicohealth.org

Transitional Housing

Anne Street Village

Phone: Christine Chestnut :
Email cchestnutt@salisbury.md
Cell: 667-264-0953

The Bridge Transitional Houses

Lead4Life, Inc.

Address: 225 N Division St #204, Salisbury, MD 21801
Phone: 443-978-7864
Website: lead4lifeinc.org

For recently released men or men who are currently on parole or probation. This is a 6 spot house. We provide assistance to help men find their self confidence again and give them a chance to re enter the community with the proper tools for success.

The Joseph House Workshop - Little Sisters of Jesus and Mary

Address: PO Box 1755, Salisbury, MD 21802
Phone: 410-749-8150
Fax: 410-749-8073
Website: thejosephhouse.org

The Joseph House Workshop is a residential program for homeless men that teaches life skills needed for employment. Provides shelter facilities and personal support services to help overcome the problems associated with homelessness.

Village of Hope 24 Month Transitional Living Program

Address: 1001 Lake St, Salisbury, MD 21801
Phone: 410-860-5981
Fax: 410-742-1126
Website: villageofhope.us

Village of Hope, Inc. is a non-profit, non-denominational organization. The mission of the Village of Hope is to promote self-sufficiency and to improve the quality of life of at-risk women and children.

Program Eligibilities are:

- All referrals to the Village of Hope are required to be drug free for at least one year.
- Anyone convicted of a felony is not eligible to participate in the program.
- There is a six (6) month probationary period upon acceptance to the program. After the first three (3) months, it is expected that women participate in all resources offered, comply with all program and policy requirements, and demonstrate progress toward their goals. Lack of participation will require an action plan by women to demonstrate

improvement over the next (3) months. If no progress is shown, a program exit will be recommended by Case Manager to President/CEO for approval.

- Women who are U.S. citizens, (single, divorced or separated) between the ages of 18-62, with no children or who have custodial children (up to 3 children) ages 14 or under.
- Women must be referred by agencies providing services for issues of abuse, homelessness, financial or general human services, etc.
- Women who are motivated to make positive changes in their lives and are willing to work toward goals to achieve self-sufficiency.
- Women with the ability to work and participate in educational, training, or employment programs for a minimum of twenty hours a week.
- Women with income (employment/monthly benefits) are required to pay program fees based on their net income each time they are paid (each paycheck).
- Residents are required to maintain a safe, clean and presentable apartment at all times and to complete assigned community chores within the residential building.
- Curfew hours are 10pm Sunday thru Thursday and 11pm Friday and Saturday, with exceptions for work and school hours.
- Random drug screens are conducted.
- No drugs, alcohol, or weapons are allowed on Village of Hope premises.
-

Transportation

Medical Assistance Transportation

- **Somerset County**
Phone: 443-523-1722
Website: somersethealth.org/medical-assistance-transportation
- **Wicomico County**
Phone: 410-548-5142
Website: wicomicohealth.org/medical-assistance-transportation
- **Worcester County**
Phone: 410-632-0092
Website: worcesterhealth.org/get-help-menu/113-transportation

Shore Transit

Phone: 443-260-2300

Website: shoretransit.org

VA Transportation

DAV Eastern Shore Chapter #34

Provides Transportation for Veterans only to VA Medical Facilities

not equipped with handicap accessibility

Contact: 410-572-6200

Tri-County Food Pantries/Kitchens

Wicomico County

Bethany Lutheran Church

Address: 817 Camden Ave Salisbury MD 21801

Phone: 410-742-1737

Bethany participates in the Food Bank's food drop once a month, on the third Thursday of each month. Volunteers from the church gather from 12:30pm to 5pm to pack bags for those who come needing food for their families.

DEC Food Ministry

Address: 408 Gordy Rd, Salisbury, MD 21804

Phone: 410-749-1719

Website: decsalisbury.com

Every 2nd and 4th Wednesday of the month from 8am-10am

EWC Adopt-A-Block Outreach Inc.

Address: 818 Benny St. Salisbury, MD 21804

Phone: 410-749-3748

Website: <https://adoptablockbreadoflifemarket.as.me/schedule.php>

Monday 9am-11am, Wednesday 1pm-3pm, need to book an appointment online with Bread of Life outreach. Please call if unable to book online.

First Baptist Church of Fruitland

Address: 630 Clyde Ave, Fruitland, MD 21826

Phone: 410-749-1999

Monday 10am - 1pm. and Wednesday 5:30pm - 6:45pm.

Mondays, we also serve a takeout lunch,

The Food Pantry at St. Paul's

Address: 8700 Memory Gardens Ln, Hebron, MD 21830

Phone: 410-422-0175

1st & 3rd Monday of the month from 3pm to 5pm

Joseph House Ministries

Address: 812 Boundary St, Salisbury, MD 21801

Phone: 410-749-4239

Website: thejosephhouse.org/if-you-need-help

Food distribution Tuesday - Thursday 9am - 11:15am

Bring a photo ID, proof of your income, and a Social Security card for every member of the household. Only residents of Wicomico County can receive food, 1x per month.

Lower Shore Friends

Address: 207 Maryland Avenue, Suite #5, Salisbury, MD 21801

Phone: 410-334-2173

Monday - Friday 8:30am-12:00pm- Must have valid ID

Midday Circle

Address: 410 Delaware Ave, Salisbury, MD 21801

Phone: 410-546-5661

Thursday 11am - 2pm

Parkway Church of God

Address: 600 Edison St, Salisbury, MD 21801

Phone: 410-749-9428

1st Monday of each month 11am - 1:30pm unless a Federal holiday then 1st Tuesday

Other dates by appointment, please call Debbie Austin 443-754-0443 (Wicomico residents only)

Rebirth Culturally Food Pantry

Address: 225 N Division St, Salisbury, MD 21801

Phone: 410-264-1441

Website: Rebirth4hope.org

the 1st Thursday of the month December-May and every Thursday June-November from 10am-2pm.

Renovate Church Food Pantry

Address: 800 E East St, Delmar, MD 21875

Phone: 410-251-0329

Website: renovatedelmar.org

Monday 5:30pm - 7pm Delmar Local only

Salisbury Outreach Services

Address: 1905 Cedar Way, Salisbury MD 21801

Phone: 410-341-4767

Saturday 10am -11am

Salisbury Urban Ministries

Phone: 410-749-1563

Must have ID and proof of government assistance (letter or card)

God's Kitchen - Saturdays 11am - 12:15pm at Grace UMC, 635 E. Church St. Salisbury, MD 21804

Kids Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)- Call office for information.

Food Pantry - Tuesdays and Thursdays, Grace UMC, 635 E Church St. Salisbury, MD 21804
10am - 12pm (Wicomico County residents only)

2nd Tuesday of the month, Eden UM Church, 7451 Main St, Willards, MD 21874

9:30am -11am & 5:30pm - 6:30pm

4th Tuesday of the month, Ayers UM Church, 7516 Gumboro Rd, Pittsville, MD 21850

9:30am - 11am

Salvation Army

Address: 407 Oak St, Salisbury, MD 21804

Phone: 410-749-3077

Website: salvationarmypotomac.org

Monday - Thursday 10am- 12pm and 1pm-3pm

Most services are provided by appointment only.

St. Paul AME Zion Church

Address: 410 Delaware Ave, Salisbury, MD 21801

Phone: 410-546-5661

Website: sites.google.com/site/stpaulamezionchuch

Food giveaway on the 1st and 3rd Monday every month from 9am - 12pm; must bring a photo ID

Telamon Corporation

Address: 31901 Tri-County Way, Suite 112, Salisbury, MD 21804

Phone: 410-546-4604

Website: telamon.org

Food Pantry: On Tuesdays from 9am - 12pm and 1pm - 4pm (requires identification and proof of family size)

Union UMC First Fruits Food Pantry

Address: 1203 Pine St, Delmar, MD 21875

Phone: 443-735-7166

Website: unionumcdelmar.org

3rd Thursday of the month from 11am - till gone. First come first serve.

Wicomico Presbyterian Church

Address: 129 Broad Street, Salisbury MD

Phone: 410-677-0757 or 443-944-5279 for questions or emergencies.

Sunday, Monday and Wednesday 10am - 1:30 pm you can get a bagged lunch

At the rear of the building, the office is located down the stairs with a black iron fence

Wesley Temple Hunger Action

Address: 1322 West, Rd Salisbury, MD 21801

Phone: 410-749-4252

Friday 9:30am - 11:30am

Somerset County

Higher Calling Ministries

Address: 11759 Somerset Ave, Princess Anne, MD 21853

Phone: 410-603-3383

The 3rd Saturday of each month from 9am - 11am

Mt. Carmel Baptist Church

Address: 30683 Hampden Ave, Princess Anne, MD 21853

Phone: 410-651-3577

Website: mcbcheart.com

By appointment only.

Seton Center Emergency Pantry/CHOICE Program

Address: 30632 Hampden Ave, Princess Anne, MD 21853

Phone: 410-651-9608

Monday - Friday 9am - 3:30 pm Closed 12:00-1:00 pm for lunch

For Somerset County Residents only

Worcester County

Atlantic United Methodist Church Food Ministries

Address: 105 4th St, Ocean City, MD 21842

Phone: 410-289-7430

Website: atlanticumc.org

Email: atlantic@atlanticumc.comcastbiz.net

Emergency Food Bags available Monday 9am - 11am, Wednesday 9am - 11am, Friday 9:00 am – 1pm.

Community Soup Kitchen opens every Friday, a free nutritious lunch served 11am – 12:45pm.

Worcester Youth and Family Counseling Services, Inc: Free Little Healthy Food Pantry

Address: 124 N. Main St, Suite C, Berlin, MD 21811

Phone: 410-641-4598 or 211

Website: gowoyo.org

E mail: shine@gowoyo.org

The LHFP is available behind the office at 124 N. Main St. facing West Rd. This pantry is open 24/7. No information or referral is necessary to access this service. For specific needs, including dietary restrictions, infant care items, and other personal needs, contact (410) 641-4598 x102

Blessing House Ministries

Address: 7915 Old Ocean City Rd, Whaleyville, MD 21872

Phone: 410-835-2913

Tuesday - Thursday 11am - 2pm

Collins Temple AME Church

Address: 6009 Castle Hill Rd, Snow Hill, MD 21863

Phone: 410-632-2029

Website: facebook.com/CollinsTempleAME

Fridays at 12pm and Saturdays at 9am

Community Church of Ocean Pines

Address: 11227 Racetrack Road, Berlin, MD 21811

Phone: 410-641-8392

Wednesday- Saturday 9am - 1pm

Serves Worcester residents or Veterans from any county; must have a referral to receive food

Diakonia, Inc.

Diakonia, Inc. Address: 12747 Old Bridge Road, Ocean City, MD 21842

Phone: 410-213-0923

Website: diakoniaoc.org

Food Pantry is open Monday-Friday 8:00-4:00 pm, and appointments can be made to pick up on weekends if needed. SNAP application assistance available: please call 410-213-0923 to set up an appointment.

Helping Hand Outreach Ministries

Address: 1101 Market St, Pocomoke, MD 21851

Phone: 757-665-4707

Tuesdays & Thursdays 10am – 2pm. Neighbors may also call in an emergency.

Mt. Zion Daily Bread

Address: 410 Dighton Ave, Snow Hill, MD 21863

Phone: 443-523-8428

Food Bank is available every quarter on the 4th Friday; distribution begins at 10am

Samaritan Ministries

Address: 814 Fourth St, Pocomoke City, MD 21851

Phone: 410-957-4310

Website: thesamaritanshelter.org

Email: thesamaritanshelter@gmail.com

Food Bank: Tuesday and Saturday, 1:00 PM – 2:00 PM. A Maryland ID and a utility bill with a current address are required for each visit. Service is limited to once per month for residents of Pocomoke, Stockton, Girdletree, and Snow Hill.

Soup Kitchen: Wednesday, 11:00 AM – 12:30 PM. Open to anyone in need.

Sara's Pantry at Community Church Ocean Pines

Address: 11227 Racetrack Road, Berlin, MD 21811

Phone: 410- 641-8392

Website: ccaop.org

Wednesday - Saturday 9am - 12:45pm

Only to Worcester county Residents

St. Paul's By-the-Sea Outreach Ministries

Address: 302 N Baltimore Ave, Ocean City MD 21842

Website: <https://stpaulsbythesea.org/>

Phone: 410-289-3453

Community Kitchen Free Hot Meals: Monday, Tuesday, Thursday, and Saturday 10 am - 12 pm.
Sunday 1 pm - 2 pm.

Food Pantry: Monday, Tuesday, Thursday, and Saturday 10 am - 12 pm.
Please use the entrance on the north side of the building.

Sonrise Church, Sharing the Harvest

Address: 10026 Main St, Berlin, MD 21811

Phone: 410-629-1901

Mobile food pantry that serves Maryland's Eastern Shore in conjunction with MD Food Bank. Food Distribution 1st, and 4th Friday from 4pm to 5:00pm and the 2nd Friday of each month is 2pm-5pm

SonSpot Ministries

Address: 12 Worcester St, Ocean City, MD 21842

Phone: 410-289-1296

Website: SonSpot.org

Saturday 7pm - 8pm & Sunday 10am - 12pm

Thursday free dinner 5pm - 8pm

During summer, open hours every day except Wednesdays and free breakfast four days per week

St. Peter Lutheran Church

10301 Coastal Hwy, Ocean City MD 21842

Phone: 410-524-7474

Wednesday 12pm - 1:30pm a hot meal is also given

The Spirit Kitchen/Stevenson UMC

123 N Main St, Berlin, MD 21811, USA

Phone: 443-735-9222 or 443-235-3531

Wednesday 10am - 12:30pm