

# Wicomico County Local Health Improvement Coalition Meeting Minutes Friday, December 6, 2024 @ 9:00 a.m.

Meeting Name:	Wicomico Local Health Improvement Coalition	Meeting Location:	Wicomico County Health Department Adkins Building
	Friday, December 6, 2024	Minutes Recorder:	Cathey Insley
Meeting Time:	9:00 a.m.	Minutes Reviewer:	Group
Meeting Attendees and Organizational Representation:	Katherine Rodgers (TidalHealth), Jason Sammons (WDSS), Lisa Renegar (WiCHD), Cynthia Calixte (WiCHD), Jessica Sexauer (WiCHD), Tammy Griffin (WiCHD), Lauren Holfeld (Wicomico SNAP-Ed), Catherine Maybury (Horowitz Center), Bobbi McDonald (TidalHealth), MaryBeth Waide (DHHS), Tuesday Trott (Holly Ctr), Amanda Vu (WorWic), Cathey Insley (WiCHD), Emily Paterson (MD Poison), Keirsten DeBoer (BACIL), Debora Stanley (CEC), Jessica Sexauer (WiCHD), Ivy McKenzie		

TOPIC	DISCUSSION	ACTION
WELCOME	Kat Rodgers called the meeting to order at 9:02 am and self introduction of members present were made.	
Approval of Minutes	Jason Sammons made a motion to approve October minutes as written, seconded by Deborah Stanley and carried.	Cathey will <u>post</u> .
Health Officer Update	<ul> <li>Jessica Sexauer shared that Matthew is on parental leave until 12/26.</li> <li>Vital Records program has moved to the 2nd floor of the Hurdle Building, and will now be in the office shared with Environmental Health.</li> <li>RFP currently out for Harm Reduction vending machines.</li> <li>Seeking a provider that can obtain and maintain six vending machines to start. Will have Naloxone, hygiene kits, other harm reduction materials.</li> <li>Have identified six locations, and will re-assess once the initial 6 are in place.</li> <li>Opioid Restitution RFP funds are still available.</li> <li>Reach out to Matthew if interested in this funding. Can contact Jessica prior to 12/26.</li> <li>The challenge seems to be staffing for potential programs.</li> <li>Have submitted a proposal for state abatement funds.</li> <li>The Maryland Department of Environment is working closely with Perdue on PFAs affected area. Have expanded the testing area. Anyone with questions can be directed to MDE or Perdue.</li> <li>Perdue is providing water to those in the affected area.</li> </ul>	
Co-Chair Nominations	<ul> <li>Will be sending a form requesting nominations for chairs for the new calendar year.</li> <li>Bylaws are posted on the website for review before making a nomination, or voting.</li> <li>Voting member responses and results will be shared at the February meeting.</li> </ul>	

#### Community Health Needs Assessment

- Kat and Lisa shared Wicomico County data for the CHNA and Improvement Plan.
  - Ascendient is serving as consultant for this round, and they are able to offer more focus groups than have been held in the past.
  - CHNA partners (Wicomico and Somerset Health Departments and TidalHealth) held a kickoff meeting in October. Focus groups will be held in January.
  - Secondary data collection was completed and presented at this meeting.
  - The next steps are collecting primary data, community health survey distribution, key informant interviews and focus groups.
  - Once primary data is compiled and analyzed, will seek LHIC input on identifying priority areas.
- Data categories and focus areas were reviewed, and discussed how our data compares to national benchmark data. In general, Wicomico falls behind the state and national averages of health outcomes.

**Health Outcomes** indicate length of life and quality of life (Maternal and child health, mental health, and physical health.)

- Wicomico falls behind state and national benchmarks for length and quality of life.
- Wicomico residents experience more physical distress and poor health days.
- o Mental health, infant mortality, chronic diseases are high need health issues in Wicomico.

**Leading Indicators** indicate population health factors (Health behaviors, physical environment and social and economic environments.)

- Wicomico falls behind the state average but ahead of the national average for health factors.
- Wicomico performs worse in county health rankings on key health factors.
- Wicomico residents report challenges accessing physical activity opportunities and healthy foods.
- Food security is a high need area in Wicomico.

# Ascendient compiled a secondary data summary, and identified potential focus areas:

- Health Access, Availability and Quality
- Health Equity and Social Determinants of Health
- Mental and Behavioral Health
- Obesity and Chronic Disease
- Substance Use and Associated Mortality

# **Subcommittee Updates**

# **Behavioral Health Workgroup**

- Implementing the LBHA annual plan.
- Working with BHA to look at FY2026.
- The state is looking at how to implement the assisted outpatient treatment as passed in the last legislative session.
  - Wicomico County is not planning on initiating our own group, but need to let the state know what our plan is by early January.

 Not having funding to go along with this mandated program is a concern, since it comes with strict staffing requirements and requires staff of specific disciplines. Live Health Wicomico Chronic Disease Workgroup Working on a Community Health Workers group, as presented at the last meeting. • Working with the Eastern Shore AHEC as they create a CHW association. • Kat added that they are having their first CHW meeting Friday 12/13 Salisbury University has a grant that pays for individuals to be certified as CHWs in the Behavioral Health community. They will be presenting at the next LHW meeting. Health Equity/Health Access Workgroup • Selected the Institute of Healthcare Improvement Health Equity model. Working through the assessment process. **Partner Updates** Kat Rodgers, TidalHealth Peninsula Regional • Fundraising ongoing for a mobile mammography van. Working on an operational plan with an on the road goal before October 2025. REACH 2.0 is at the 6 month mark. Identifying partner roles. Jessica Sexauer, Wicomico Deputy Health Officer • Working with Salisbury University's BEACON to do a needs assessment for substance use residential services for pregnant women and women with children. Have reviewed BEACON's proposal for survey questions, and have submitted for State IRB review. May be asking LHIC members for help reaching population Opioid Restitution Funds are offered for increased access to naloxone, increasing peer support, medications that support recovery, expanding Heroin coordinator services, crisis bed expansion, Safe Station, mobile crisis stabilization, supporting behavioral health crisis hotline, school education campaigns, enforcement, research and training on substance overdose prevention. Cynthia Calixte, Wicomico Physician Deputy Health Officer Serves on the board at the Haitian Development Center. • They are hosting an open house on December 17th. **NEXT MEETING** Friday, February 14, 2025 @ 9:00 a.m. LOCATION: Adkins Conference Room (second floor), 801 N. Salisbury Blvd, Salisbury

**ADJOURNMENT** 

The meeting was adjourned at 10:18 am.