

## Overdose Prevention Team (OPT) Meeting Minutes

<b>Alliance Meeting Name:</b>	<i>Overdose Prevention Team Operations Section-Prevention, Treatment and Enforcement Branches</i>	<b>Meeting Location:</b>	<i>Hybrid- Wicomico County Health Dept and Google Meets</i>
<b>Meeting Date:</b>	<i>March 7, 2024</i>	<b>Minutes Recorder:</b>	<i>Christina Bowie-Simpson</i>
<b>Meeting Time:</b>	<i>930-1100 am</i>	<b>Minutes Reviewer:</b>	<i>n/a</i>
<b>Meeting Attendees and Organizational Representation:</b>	<p><b>Staff:</b> Christina Bowie-Simpson (<i>WiCHD</i>)</p> <p><b>PREVENTION and EDUCATION</b></p> <p>Jessica Taylor (<i>WiCHD- LBHA</i>)  Courtney Alley (<i>Wicomico Co Dept of Social Services</i>)</p> <p>Tammy Griffin (<i>WiCHD- Prevention</i>)  Penny Walters(<i>Wor-Wic Comm College</i>)  Katherine Jones (<i>Bay Area CIL</i>)</p> <p><b>TREATMENT and RECOVERY</b></p> <p>Stephen Silberman (<i>Addiction Wellness Center</i>)  Allsion Hunter-Jacobs (<i>Eastern Shore Crisis Response</i>)  Audrey Cash (<i>Coastal Hospice</i>)  Lore Chambers (<i>St James AME</i>)</p> <p><b>ENFORCEMENT and PUBLIC SAFETY</b></p> <p>John Dennis (<i>Salisbury Fire Dept</i>)  Jaime Greve (<i>Wic Co Sheriff's Office</i>)  Lindsay Tayman ( <i>Wic Co Drug Court</i>)</p> <p><b>GUESTS</b></p> <p>Avery Meyer (<i>Maryland Office of Overdose Response</i>)  Morgan (<i>Salisbury University intern</i>)</p>		

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TOPIC	DISCUSSION	ACTION
<b>Welcome and Introductions</b>	<ul style="list-style-type: none"> <li>● Crissy Bowie-Simpson welcomed attendees and everyone introduced themselves.</li> <li>● Penny Walters approved February meeting minutes and Stephen Silberman carried. Meeting minutes were then unanimously approved as written.</li> </ul>	
<b>Local Behavioral Health Authority (LBHA) Presentation- Jessica Taylor</b>	<ul style="list-style-type: none"> <li>● Please see Powerpoint attached to email for full details on presentation.</li> <li>● The LBHA provides assistance to local area providers as well as those seeking services in our community.</li> <li>● Key takeaways <ul style="list-style-type: none"> <li>○ LBHA can provide Mental Health First Aid Trainings for community partners. Adult or Youth trainings are available. Virtual, blended and fully in person options are offered.</li> <li>○ Client support funding is available for individuals in the community who are involved in the public behavioral health system. They must be 18 years old and receiving some type of therapy. The mental health provider needs to be the one to complete the application. This funding can be received one time in a one year period up to 1,000.00. There must be evidence that income is greater than expenses and that the individual would be able to sustain the expense moving forward. Application can be found online here <a href="https://www.wicomicohealth.org/wp-content/uploads/2019/06/FY-24-Client-Support-Form.pdf">https://www.wicomicohealth.org/wp-content/uploads/2019/06/FY-24-Client-Support-Form.pdf</a> It was asked if every county has this funding and it was shared that most all counties do have this available. Applications can be faxed or emailed in and a coordinator has 10 days to determine if eligible.</li> <li>○ Funding is also available for individuals in recovery who need assistance with glasses, dental or medical devices. You can access that form here</li> </ul> </li> </ul>	

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	<p><a href="https://www.wicomicohealth.org/wp-content/uploads/2019/06/Glasses-and-Dental-Harm-Reduction-Application-8923.pdf">https://www.wicomicohealth.org/wp-content/uploads/2019/06/Glasses-and-Dental-Harm-Reduction-Application-8923.pdf</a></p> <ul style="list-style-type: none"> <li>○ The LBHA provides Critical Incident Stress Management (CISM) responses for agencies or organizations in the community who may have experienced some type of loss or trauma.</li> <li>○ They receive grant funding to support many different programs and initiatives in Wicomico County which include jail based SUD services, hub and spoke project, DUI screening, and much more.</li> <li>○ Narcan Trainings can be requested at any time. Please contact the LBHA to set up/request training. Virtual and in-person options are available.</li> <li>● Questions? 410-543-6981</li> </ul>	
<b>Public Comment</b>	<ul style="list-style-type: none"> <li>● No public comments.</li> </ul>	
<b>FY25 MOOR Block Grant</b>	<ul style="list-style-type: none"> <li>● Wicomico County will be receiving approximately \$110,000 in FY25 through the MOOR Block Grant program.</li> <li>● Crissy Bowie-Simpson shared that these funds support the Opioid Coordinator salary, the Operations section chief, training, education and informational campaigns. This includes trainings for OPT partners, and supports Go purple efforts. Funding has supported a well-known speaker the last 2 years as well.</li> <li>● In FY25 the Operations Section chief position will be discontinued. This was a difficult position to fill and adjustments will be made as a result of the discontinuation.</li> <li>● Crissy suggested the idea of a professional conference for FY25, and solicited feedback from the group.</li> <li>● The group shared the following ideas: <ul style="list-style-type: none"> <li>○ Opioid Forums/educational panels like we have had in the past was recommended by Jessica Taylor.</li> </ul> </li> </ul>	

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	<ul style="list-style-type: none"> <li>○ Mental Health First Aid for teens was also suggested by Dr Katherine Jones. It was suggested that health educators in the school could provide these types of trainings and information. Crissy shared this curriculum would be about 60k. Meredith mentioned that some of this information is covered in the school system. Nick Thompson is the supervisor of Health education and would be the best person to discuss this with. Tammy Griffin shared that the beginning of the school year is a great time to start these types of conversations.</li> <li>○ Stephen Silberman shared he liked the idea of the OPT partner conference, and that maybe the school system could be invited.</li> </ul>	
<b>Agency Updates</b>	<p><b><i>Coastal Hospice- SOBS</i></b></p> <ul style="list-style-type: none"> <li>● They are still hosting groups at RRC in Salisbury. They are looking at other locations to hold groups in other counties.</li> </ul> <p><b><i>Salisbury Fire Department</i></b></p> <ul style="list-style-type: none"> <li>● no updates at this time.</li> </ul> <p><b><i>Recovery Resource Center</i></b></p> <ul style="list-style-type: none"> <li>● They are hosting the Coastal Hospice SOBS groups. They would like to make more people aware of this resource.</li> <li>● They will be hosting a Sober St Patrick's Day party on 3/16/24 from 130-400pm. There will be food and a costume contest. They also have BINGO, video game night, a BBQ, a comedy show and bowling coming up over the next few months.</li> <li>● They are currently working on a new Strategic Plan.</li> <li>● They host a "Girls Gone Mild" group which is a non-denominational recovery group designed for women. This is not a 12-step meeting, but is recovery focused.</li> <li>● Will be starting a NarAnon group in the future.</li> <li>● They had 42k people attend meetings and events last year.</li> <li>● If you have any information you would like them to share on their social media, please send it to Lisa Campbell at the RRC.</li> </ul>	

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### ***Local Behavioral Health Authority- WiCHD***

- Planning for suicide awareness and mental health awareness month. Matt Runnels from Australia will be speaking at the Color Run which will be held on 4/21/24 at Kylan Barn. Registration is now open.
- Currently planning the Refresh, Renew, Relax Conference. Will be held on 5/17/24 at the Civic Center. This is a free conference for people in recovery. Lunch provided. Registration is now open <https://forms.gle/yoFrdvo4RPHqkWDf9>

### ***Department of Social Services***

- They had 15 substance exposed newborns in February and are working on follow ups. Marijuana was the most reported substance.

### ***Mobile Crisis/Sante***

- Still operating 24/7.

### ***Addiction Wellness Centers***

- They have surpassed 5500 samples at their lab.

### ***Wicomico County Public Schools***

- They will be hosting their second annual Children's Mental Health Matters event. Friday May 10th from 5-8p. There will be a 5k run and walk with it this year. This year it will be at the City Park.

### ***Bay Area Center for Independent Living***

- On 4/18/23 there will be a CEU training being offered at their center. Someone from Kennedy Kreiger will be coming down to do the presentation. Free CEU's and refreshments will be offered. Katherine will send a flyer to Crissy to send out to the group.
- Looking into creating a Kennedy Kreiger school for individuals with mental and behavioral health disorders. This will be for elementary aged students. Still in early planning stages.
- They will be receiving 2 truckloads of durable medical equipment for those in the community.
- MD Dept of Disabilities have applied for assisted technology kits for individuals with a SUD.

### ***St James AME***

- There are currently recruiting for a case manager.

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- They will participate in the stand down again this year. There is a tentative date of June 10th. This will be indoor/outdoor. More information will be forthcoming.

### ***Maryland's Office of Overdose Response***

- All Town Halls have been completed and this will be used to create their Strategic Plan.
- The Competitive Grant process is closed. They received more applications than ever before. They received 155 applications and 35 million in funds were requested with only 6 million available. Decisions will be made around May 31st.
- The FY25 block grant NOFA's have gone out and are due April 26th.
- MOOR has been working with MACS and MACS are available to do presentations and trainings on a variety of topics.

### ***Wicomico Health Dept- Prevention***

- Nominations are open for a public health leader of the year. This announcement happens during National Public Health Week and the winner will be announced at the ceremony. Nominations can be submitted through 3/11/24. Crissy will send email out to the group with the link, or you visit the wicomicohealth.org website for more information. Winner can not be a Wicomico Health Dept employee.

### ***Wor-Wic Community College***

- Partnering with the Health Department to bring in Stephen Hill on 4/8/24.
- Will be hosting their Mind, Body Soul Health Fair on 4/10/24. They are going to offer an additional component this year for parents.
- Will be hosting a lunch and learn on opioids and resources on 4/12/24. Crissy Bowie-Simpson to provide this training.
- Actively changing the resource information that is placed on tables located around campus.
- Will be hosting upcoming Mental Health First Aid trainings for faculty and staff.

### ***Wicomico Sheriff's Office***

- Heroin Coordinator shared that they had a total of 20 overdoses come through the county so far in 2024. 8 of those 20 have been fatal, and

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	<p>the last 5 have been fatal. At this time they are waiting on autopsy reports to know which substances were responsible. She did say that a trend she is seeing is a mix of cocaine and fentanyl. The group shared that they believe the community should be educated on this. Crissy Bowie-Simpson will reach out to Matthew to inquire about doing a press release on this topic. An advertising campaign was done on this topic as well earlier in the fiscal year.</p> <p><b><i>Wicomico County Drug Court</i></b></p> <ul style="list-style-type: none"> <li>• Currently 32 people are enrolled in the program.</li> <li>• They have been selected by MD's Office of Problem Solving Courts to provide training on equity and inclusion. They have also been asked to apply for All Rise based on their outstanding work.</li> </ul>	
<b>OPT Related Updates</b>	<ul style="list-style-type: none"> <li>• Stephen Hill, a speaker in recovery, will be speaking at both Wi-Middle and Wi-Hi in April. There will also be a community event on 4/8/24 at Wor-Wic Community College. Doors open at 5:30 and the event starts at 6pm. Light refreshments will be served and door prizes will be provided.</li> <li>• Currently still working on building an abatement plan for the Opioid Restitution Funds. Funding will be able to support increased access to Naloxone through vending machines. Have also reached out to Wic Co Public schools to see how this funding could assist with primary and secondary educational campaigns. At this time we are awaiting more information from the schools.</li> </ul>	
<b>NEXT MEETING</b>	<p><b>May 2, 2024 - 9:30-11:00 am- Hybrid</b>  <b>801 North Salisbury Blvd. Suite 202 Salisbury MD 21804 or virtual via Google Meets link:</b>  <a href="https://meet.google.com/kvq-dypd-zbs">meet.google.com/kvq-dypd-zbs</a></p>	