



Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, November 7, 2025 @ 9:00 a.m.

Meeting Name:	<i>Wicomico Local Health Improvement Coalition</i>	Meeting Location:	<i>Virtual</i>
	<i>Friday, November 7, 2025 @ 9:00 a.m.</i>	Minutes Recorder:	<i>Cathey Insley</i>
Meeting Time:	<i>9:00 a.m.</i>	Minutes Reviewer:	<i>Group</i>
Meeting Attendees and Organizational Representation:	<i>Lisa Widmaier (ESAHEC), Katherine Rodgers (TidalHealth), Jessica Sexauer (WiCHD), Cathey Insley (WiCHD), Ellen Willingham (Priority Partners) Lisa Renegar (WiCHD), Matthew McConaughy (WiCHD), Cynthia Calixte (WiCHD)</i>		

TOPIC	DISCUSSION	ACTION
WELCOME	Matthew McConaughy called the meeting to order at 9:03 am and informed attendees that the meeting is being recorded, and AI note taking apps are disconnected from the call. Members present added their name/organization in the chat for meeting attendance.	
Approval of Minutes	Note the date has been corrected at the top of the August minutes. Kat Rodgers made a motion to approve August minutes, seconded by Lisa Widmaier and carried.	Cathey will post .
PRIORITY AREA REVIEW & DISCUSSION <i>Chronic Disease</i>	<p>Reviewed final CHIP goals for Chronic Disease, which can be found at healthydelmarva.org.</p> <ul style="list-style-type: none"> ● Improve chronic disease screening and early detection ● Enhance chronic disease management and prevention ● Address risk factors through targeted strategies <p>Kat Rodgers, TidalHealth Peninsula Regional</p> <p>Goal to improve chronic disease screening and early detection and identify and define cancer screening disparities for breast, prostate, colorectal and lung cancers across our region:</p> <ul style="list-style-type: none"> ● Held an initial meeting with SU, with a larger meeting being planned. ● Met with a Johns Hopkins University epidemiologist who will be using GIS to identify disparity data through hotspots and census tracts. ● Beginning with breast cancer related indicators to best concentrate efforts with the mobile mammography unit. Will then move toward looking at lung cancer data. <p>By June 2028: maintain or improve adherence to recommended cancer screenings.</p> <ul style="list-style-type: none"> ● Established a steering committee for mobile mammography and developing a process for bidirectional referral. ● Within TidalHealth, working to increase referrals to diabetes education through the AMR, and 	

scheduling a diabetes education course in Haitian Creole, and one in Spanish next fiscal year.

- Have begun the smoking cessation in the pulmonary unit in partnership with the health department prevention program.

Improving access to healthy food:

- TidalHealth is participating in the food council, with Bobbi McDonald as the TidalHealth representative.
- Have started a successful Walk with a Doc program that incorporates education and physical activity.

Tammy Griffin, Wicomico County Health Department Prevention and Health Communications Program

- Currently holding four Diabetes Prevention Program cohorts: two in Spanish, and two in English.
 - A new Spanish language cohort starts in January, the fifth cohort within one year.
 - This is an increase from holding one class in Spanish each year.
 - Classes are consistently full, with a waiting list due to number of referrals.
- **Challenges:** DPP classes in English are funded through MDH. After December, we will be required to start billing for this service.
 - Have begun discussions with fiscal staff to set up the process of billing for DPP and cessation.
- As part of the Tobacco and Diabetes Chronic disease grant, CHWs will be trained in diabetes self-management, which comes with state licensure complexities. (Tammy was trained under MAC, Inc.).
- Tobacco cessation is a strong program. Coordinator Kaitlin Galow initiated a walk-in cessation clinic with TidalHealth pulmonary and critical care clinics and is going to TidalHealth once a week.
- Youth citation referral program initially was established for students that were found with tobacco.
- Students are assigned projects to complete and return as an alternative to suspension.
- The program has evolved to include referrals for cannabis.
 - The health department is working with the board of education to determine the best practice on how to handle these referrals.
 - Prevention staff are working with Addictions staff to develop projects for these students.
 - Challenges include how to handle students that do not complete the projects.
- Healthy Corner Store program pilot program: working on a score card, similar to what has been used with the healthiest Maryland business program.
 - Visiting independently owned stores and gas stations to do an assessment and provide support to increase availability of healthy fruits and vegetables.
 - Will potentially implement Gold/Silver/Bronze award levels.
 - Once a business obtains a certain level, they will receive a window cling with the designation.
 - Looking at a similar program the Baltimore City health department has with the housing department to provide infrastructure (funds cold cases, etc.)
- Walk Wicomico: There is funding to look at walking paths, etc.
 - Route signage needs to be updated to include vaping.

Lisa shared that WiCHD Quality Council recently reviewed accreditation measures around innovation, and noted that efforts shared for both TidalHealth and the Health Department are great examples of innovation in our community..

	<p>Matthew McConaughey, Wicomico Health Department BCCP program updates:</p> <ul style="list-style-type: none"> ● Hit the majority of FY25 goals and measures. ● Looking to expand in one area, and hope the partnership with TidalHealth mobile mammography will help with this. ● Health Department Quality Improvement project has begun to improve referrals and number screened. ● Dr. Calixte added that outreach is also a priority for BCCP. <ul style="list-style-type: none"> ○ Staff have been talking with the new TidalHealth OBGYN office to discuss a possible MOU for referrals. Tammy added that Prevention staff have already met with staff at this office, and had a great first meeting. ● Matthew shared that the health department selected a goal from the CHIP to align with the state health improvement plan, and chose to focus on women’s health. Lisa added that much of our goals align with the state plan. 	
<p>Membership Update</p>	<p>Lisa has been reviewing membership and laying out a plan that can be revisited annually.</p> <ul style="list-style-type: none"> ● By the end of November, will send a form to all current members to renew their membership. This is an opportunity to extend invitations to other members of your organization that may be interested. 	
<p>Subcommittee Updates</p>	<p>Lisa Renegar shared updates from the LHIC subcommittees.</p> <ul style="list-style-type: none"> ● BH Workgroup held their three-year plan strategic planning session. <ul style="list-style-type: none"> ○ Looked at the SWAT done three years ago, and find that the same issues come up each time a SWOT is completed. ○ Completed a prioritization activity with the workgroup to determine what is improving, or staying the same, getting worse. Used a matrix to evaluate based on feasibility and potential impact to the community. ● Behavioral Health Workgroup, Walk Wicomico, and Health Access subcommittees continue to meet every other month. 	
<p>Partner Updates</p>	<p>Jessica Sexauer, Local Behavioral Health Authority:</p> <ul style="list-style-type: none"> ● Harm Reduction vending machines: Six outdoor machines with 24 hour access are being used more than machines indoors. ● Working to change up the supplies available, to add additional items such as hygiene kits, first aid kits, medetomidine strips. ● Opioid abatement plan was submitted approximately a year ago, worked through some changes with MOOR office. Plan has been approved to provide additional MAT services in the detention center (vivitrol style meds) LBHA staff meeting with the board of education to work through an initiative that was presented. ● An RFP was open earlier this year, if there is an interest in being considered for funding, reach out to Jessica or Matthew. 	

	<p>Rochelle Tyler, TidalHealth:</p> <ul style="list-style-type: none"> ● On October 20th, two awards were presented at the Maryland Rural Health association conference. ● Dr. Calixte was awarded the outstanding rural health practitioner award, and the REACH program won the 2025 outstanding rural health program. <ul style="list-style-type: none"> ○ Congratulations to Dr. Calixte and all that work with the REACH program. 	
UPCOMING MEETINGS	<p>BH Workgroup: November 25th at 9 am Live Healthy Wicomico: December 15th at 3 pm Health Access Meeting: January 5th at 1:30 pm</p>	
ADJOURNMENT	<p>Kat made a motion to adjourn, seconded by Jessica. Meeting was adjourned at 9:41 am.</p>	
NEXT MEETING	<p>Friday, February 6, 2026 @ 9:00 a.m. - VIRTUAL MEETING</p>	